



Sew & Tell

April 2021

President's Message

Hi Everyone,

Congratulations to those of you who have received the vaccine. To the rest of us, we wait with great anticipation.

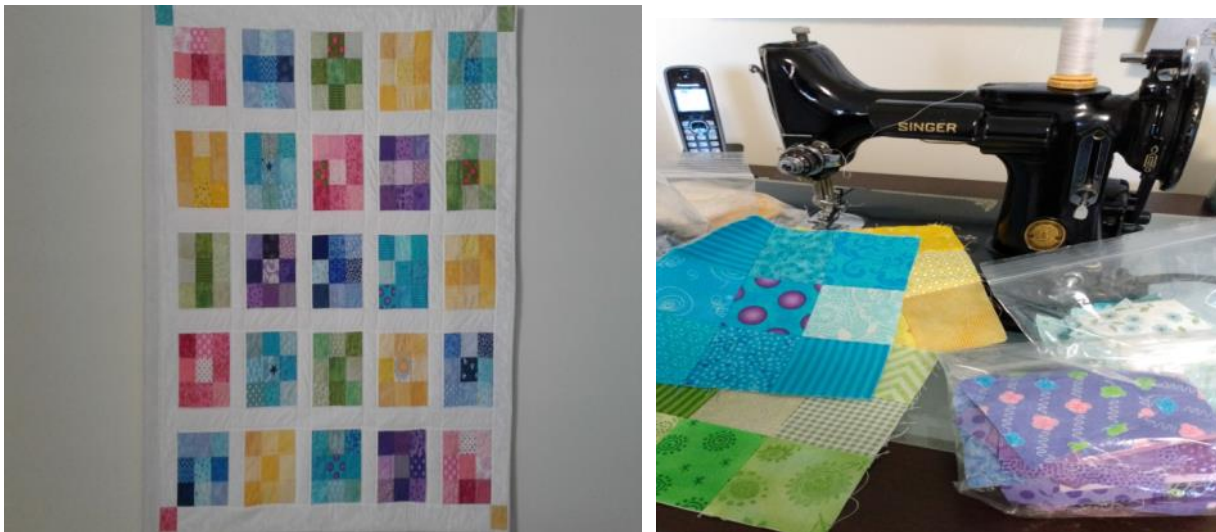
For some of us who enjoy gardening our time is finally here, (another fun hobby).

In the meantime let's all try to stay safe and healthy.

Your President,
Diane

SUSIE SINGER SEWS!

Well, I finally got to do some sewing! It felt so good to get warmed up & hear the hum of my motor. Before getting plugged in, there was some scrap busting that had to be done. We have so many scraps, it's overwhelming! I sure wish that Florence hadn't passed on the laundry hamper that she didn't need because I'm sure something causes the scraps to multiply once they're deposited in it. So, we just concentrated on the bright kiddie fabric and came up with enough $2\frac{1}{2}$ " squares to make a baby quilt like the one we made about a year ago.



There's still lots of scraps to be dealt with, but for now the laundry basket is out of sight under the sewing table where, I have a feeling, it may stay for quite a while.

It looks like Spring is on it's way, so I may get on the road again. We still have to be careful, but I really like meeting people at the different fabric stores.

Bye for now!

Susie

Community Quilts News

The quilter's of Community Quilts continue to be busy producing quilts and here are a few things that we have been doing:

Coby Sherstone and **Beth Ritchie** of the Baby Group recently delivered 32 baby quilts to the Public Health nurses. The nurses reported that the Mums love them and are very grateful for the quilts that they receive. See the photos of Coby, Beth and the Public Health nurses.

Nerissa Thomas - "After I had delivered baby quilts to the **Pregnancy Care Centre** last month, I wondered if they would like quilts in their two counselling rooms. Lisa & her co-worker were thrilled to receive these beautiful donations made & given to Community Quilts by Eva Hanson". See the photo of the counselors and the quilts.

Twenty-six placemats were given to the Soroptomists, who include them in their SoroptiPaks. Women who are leaving the Transition Houses (Lilli and Amethyst House) are given SoroptiPaks - basic items to set up their new homes. If you need a quick, small little project - why not make some placemats? Sets of at least 2 are needed. Please contact Myra Shearer (myra.shearer@telus.net) if you have any questions or placemats.

Florence Labrecque - "I am sure that many of our members and the public wonder what happens to our quilts after they are donated. I was fortunate to hear a good news story last week. A friend was in the situation of needing the services of our local transitions house (Lilli House). She has three young children who were very scared to leave their home and go to a shelter. Her little boy was especially upset and did not want to go in, but when he was offered the choice of a quilt for his bed, he was very surprised - his tears turned into a smile. I was so thrilled to hear this story that I thought that I would share it with our members".

Lilli House, the shelter for abused women, continues to help families in very difficult situations. **Barb Bocking** is expecting to make another delivery to them in

(Continued on page 4)

Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

(Continued from page 3)

late May or June, and has been building up a supply. Quilts for boys, aged about 10-14, are always in short supply. We get lots of quilts for women and younger children, but adolescent boys are more difficult to find. If you were thinking about making something for Community Quilts, please keep this in mind.

Myra Shearer Community Quilts Coordinator



Member Activities

Today Coby Sherstone and I took 32 baby quilts to the nursing centre - they give them to new mums when they do home visits. The mums love them and are very grateful, said the nurse, Susan. The quilts were mainly made by the Baby Group members but other Guild members have also donated baby quilts they have made.

Here is a photo of our visit - from left to right Coby Sherstone, Susan the nurse and Beth Ritchie.

Cheers,
Beth



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

“Discover the world of sewing!”
“Wander through our store for a refreshing experience”

Your One Stop Quilting and Sewing Machine Store on Vancouver Island!

Yes, We are open!
New Store Hours
Tuesday to Saturday
9:30-5:30
Closed
Sunday & Monday

REWARD CARDS ARE BACK!

New Hours: Tues.-Sat. 9:30-5:30
Closed Sunday's & Monday's

“Like” us on facebook
Snip & Stitch Sewing Centre

Follow us on Instagram
@KathySchroter

#1-4047 Norwell Drive
Nanaimo, B.C. V9T 1Y6
1.250.756.2176
1.800.789.1730
Email: info@snipandstitch.com
www.snipandstitch.com

Newsletter Advertising:

To advertise in the newsletter please contact Sandy MacDonell for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

nlads@schoolhousequilters.com

Newsletter Deadline:

Please submit all entries for the newsletter by the **15th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

editor@schoolhousequilters.com

Meetings before COVID

Guild Meetings before COVID-19

Normally our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

General Meeting (September to June) on the **1st** Thursday of each month at **6:30 pm**

Executive Meeting (September to June) **3rd** Thursday of each month at 1:00pm

Suggested Sizes for Community Quilts

Seniors (The Views) 40" x 50" or 45" square

Adult lap (Lilli House) 45" x 60"

Children' 40" x 50"

Quilts of Valour 60" x 80"

Embroidery Group

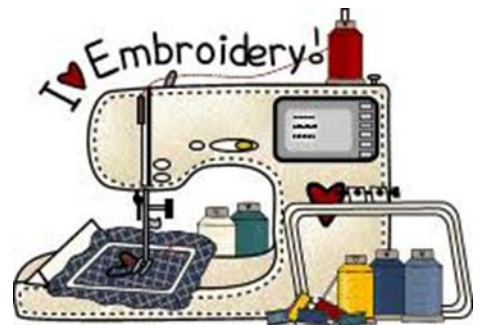
Are you a guild member who has: a sewing machine with an embroidery attachment? A dedicated embroidery machine? Interested in embroidery machines?

Are you interested in starting a group in our guild?

We could:

- Exchange information on new designs
- Talk about stabilizers and threads
- Troubleshoot stitch out issues
- Exchange best Facebook groups to join
- Discuss project of the month and stitch along

If you are interested please contact Tracy Richards



Chicken and Spinach Pasta

I like this recipe as it is fairly quick (if you remember to defrost the chicken), and you can add or subtract other ingredients to vary it.

Quantities are for four servings, but it can be halved or multiplied.

8 ounces dry pasta – whatever shape you like. If you use a chick pea, corn or other gluten free pasta, you might have to adjust cooking times.

1 pound chicken, boneless, skinless thighs or chicken breasts

3 cloves garlic, minced or finely chopped 1 small onion, chopped

1 teaspoon Italian seasoning 1/4 Cup grated Parmesan or Romano Pecorino cheese + extra

2 – 3 Tablespoons Olive oil 3 – 4 pieces sun dried tomato (oil packed) +/-

5 cups fresh baby spinach (It looks like a lot, but it wilts down).

1. Put a large pan of water on to boil, add salt. When boiling add in the pasta. Leave off lid, but put a long handled implement, like a serving spoon, or tongs, across the top of the pan. Pasta will not boil over. Cook to al dente.

Meanwhile

2. Cut chicken into bite sized pieces and brown in olive oil.
3. Push the chicken to one side and add the chopped onion and garlic.
4. Add in the finely chopped sun dried tomatoes, and Italian seasoning. Cook until chicken is no longer pink inside.
5. When pasta is cooked, drain, but reserve 1/2 cup of the cooking liquid.
6. Add the cooked pasta, plus reserved liquid to the pan with the chicken, and add in the spinach. Put the lid on and cook for a few minutes. Season with salt and pepper to taste.
7. When spinach is wilted, mix all up together with the grated cheese.
8. Serve with additional grated cheese.

You can add in dried pepper flakes, smoked paprika, bacon bits, frozen peas, chopped asparagus, extra cheese, even some cream if you like a sauce.

Carreen

Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

Dates to remember in 2021

Daylight Savings	March 14th
St Patrick's day	March 17th
Good Friday	April 2nd
Easter Sunday	April 4th
Easter Monday	April 5th
Mother's Day	May 9th
Victoria Day	May 24th
Father's Day	June 20th
Canada Day	July 1st
British Columbia Day	Aug 2nd
Labour Day	Sept 6th
Thanksgiving Day	Oct 11th
Halloween	Oct 31st
Remembrance Day	Nov 11th
Christmas Day	Dec 25th



105 Nored Plaza
6750 N Island Hwy . Nanaimo, BC
250-390-3602. www.sergesew.com

Authorized Dealer for PFAFF & BABYLOCK
Sewing machines, sergers & machine repairs.



VIBRANT

JUBILANT

Want a machine that's a jack-of-all-trades yet small enough to take on the road, to a class or even to a friend's house? Come & try the Baby Lock Jubilant and/or Vibrant. Bring them home at an affordable price...

Clover Mini Irons coming soon!



Happy Easter



Member Activities

Here is my latest wall hanging called Mr. Puffin. I bought the pattern and boat fabric in Halifax, and the white fabric in St Anthony, NL. I wrote this limerick about this bird:

Mr Puffin

There once was a bird called Sir Puffin,
Who guarded his post looking tough-'n.
Watched his children at play,
Dove for fish every day.
Said "Stay away from my kids, I ain't bluff in' ".
Now this bird we all called Sir Puffin,
Preened his feathers till they were a-fluffin'
The tourists he'd please,
For the cameras said "Cheese".
Looked fierce, but I knew he was bluffin'.
This arrogant, cheeky Mr. Puffin.
From Newfoundland this bird called Sir Puffin.

Gladys Schmidt



Block of the Month—Block 3 Blazed Trail

This makes one 12" block. Supplies are for one block.



Supply List

Colour 1



- One 2" x 12" strip
- One 3-1/2" x 7" strip
- One 4" x 14" strip
- One 2-3/8" x 9-1/2" strip

Colour 2

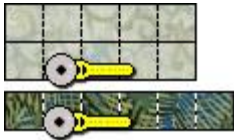


- One 4" x 10" strip
- One 3-1/2" x 7" strip
- One 2" x 14" strip
- One 2-3/8" x 9-1/2" strip

(Continued on page 12)

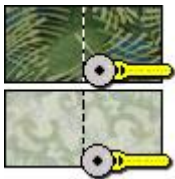
(Continued from page 11)

Preparing the Pieces

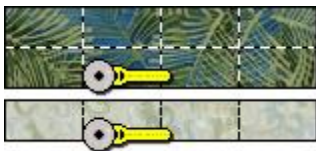


Mark and cut the Colour 2 4" x 10" strip into ten 2" squares.

Mark and cut the Colour 1 2" x 12" strip into six 2" squares.



Now mark and cut the Colour 1 and 2 - 3-1/2" x 7" strips into two 3-1/2" squares of each.



Mark and cut the Colour 1 4" x 14" strip into eight 2" x 3-1/2" rectangles.

Mark and cut the Colour 2 2" x 14" strip into four 2" x 3-1/2" rectangles...



Next speed piece the half squares, by stacking the Colour 1 and Colour 2 2-3/8" x 9-1/2" strips, right sides together and all edges aligned.

On the back of the top strip, lightly mark the 2-3/8" square lines and mark the diagonals in the direction shown at left. Now sew a scant 1/4" above and below the marked diagonals, pivoting at the square lines.

Now cut apart on the marked diagonals, and on the 2-3/8" square lines. This will give you eight half squares. Press seams towards the darker fabric.

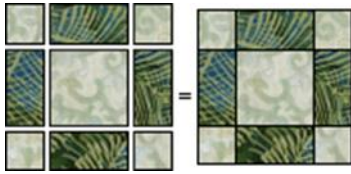
Trim these back to measure 2" if needed.

(Continued on page 13)

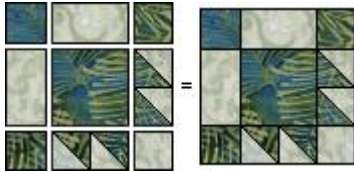
Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

(Continued from page 12)



Using Colour 2 squares and Colour 1 rectangles, sew two of the units shown at left.



Using Colour 1 squares and Colour 2 rectangles and pairs of half squares, sew two of the units shown at left.



Now lay out the block's four quarters. Sew two horizontal rows, then join those rows to complete the block!

Congratulations your block is done. Stay tuned next month for Block 4.

Samples done by our wonderful testers



Block of the Month

Jean is one of our testers and has some notes to share. On Block #3

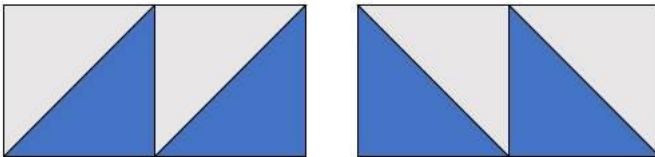
I have done up two blocks of this # 3 – again in a brown colour way and a red / black version

The brown one is as pattern called for – with the Dark colour as the points --- I reversed this in the red / black version and put the red as the 'dark' placement --- don't like this version as well – but it's always good to see what happens when you change placements of dominant colours

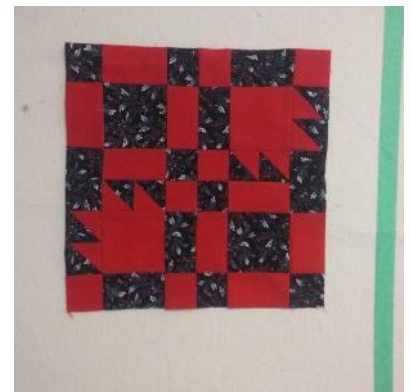
As for tips with this month's block

- I did cut the strip for the HST's a tiny bit bigger – 2-1/2 x 10" strips Just to allow myself the ability to square them up as I always have wonky HST's otherwise*
- If folks are making out of scraps – you don't really need 4 " wide strip – as you cut this down to 2" wide before cutting out the rectangles*

One thing to watch – is when you are sewing those HST's together -- two pair get sewn in one direction and two pairs get sewn in the opposite direction



There is not a lot of pressing directions --- they only tell you to press the HST's to the dark side ...so to add to that, I made the 2 blocks with the HST's first – and then pressed towards the larger centre square as that's the way it naturally wants to go. Then when I did the 9 patch units – I laid the block beside the adjoining block with points – and then just ensured I pressed the rows in opposite direction to seams that had to be nested.



Member Activities

Eva has been really busy

Covid has been such a busy busy busy busy busy time! Get up, have coffee, have another coffee, and maybe another coffee, brekkie, dressed....fritter away the day on email, internet, books, a bit of sewing (not enough!), fit in a couple of more meals and snacks and a walk. Day is done! Where does the time go? What do I do with all the time?

Well, I have managed to do a few projects:

My Covid Quilt - this quilt was a free Edyta Sitar mystery quilt. She started it on her blog to keep us all busy during Covid. Instead of ordering her fabric pack, I tried to make a dent in my stash by using fabric I had on hand. In the spirit of Covid quilts, I am giving this to a front line hospital worker



This little bag is a quick little fat quarter project that I found on the Shabby Fabrics site. There's a free pattern and also a tutorial. It makes up very quickly. I made 2 in a couple of hours for my grand girls. They'll love tucking their treasures in those bags!

This is a Patch Abilities wall hanging pattern - another quick project.



Member Activities

Hug Blocks and other projects by **Clare**

I really enjoyed the Quilts of Valour Canada virtual Sew Day on Facebook in February and received my package of five fat quarters shortly after. Pictures of the Hug Blocks and the downloadable patterns are on the website, www.QuiltsOfValour.ca. I decided to pick five and have been working on them for the past week or so. The instructions are good, and have relevant illustrations alongside. It's been an opportunity to try some interesting new blocks, and an incentive to slow down and aim for accuracy in cutting, sewing and pressing. I've completed seven so far, and will aim for several more with the remaining fabric. All the blocks must be 9 1/2 inches square and sent unfinished, unwashed and untrimmed. I also bought a beautiful quilt pattern via the website, Glorious and Free, by Brandy Lynn Maslowski, at Quilter on Fire from Summerland, BC.



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com



1930 Ryan Road East,
Comox BC
250-339-4059 or
1-877-339-4059
huckleberrys@shaw.ca



PICK YOUR LONGARM
SIT DOWN, FOLDING TABLE,
& CLASSIC FRAME AVAILABLE

- Select a Model to Accommodate Your Space
- BERNINA Technology Unlike Any Other
- Bright LED Lighting
- Expand Your Quilting Skills
- Finish Your Projects Efficiently

STORE HOURS

Monday- Friday 10am-5pm
Saturday 10am-4:30pm
Sunday 12-4pm
Closed Holidays

Did you know we have YouTube Videos



Have you seen the wonderful online demos that Huckleberry's staff have been doing? If you missed them check them out here.

All their videos are on their YouTube channel ☐

Most people may already know this – but just in case

Huckleberry's have been doing some you-tube videos – some a demos of a new product or ruler – some are just tours of the store – for anyone who might be missing just the visual of shopping

This is link to the latest 'store tour' – it is February of course no doubt there will be a March one but not sure when

https://www.youtube.com/watch?v=kEIYh_SRgr0

Member Activities

Colleen Love has been busy

This is a UFO that is at least 20 years old. It was supposed to be a large sampler quilt with 20 blocks, however when I fished it out there were only 9 blocks made. I like sampler quilts, but I don't like making them so I decided to make a small quilt that I will donate to Community Quilts and a wall hanging or table runner for us. As you can see the binding is not completely sewn down, but I wanted to get the photo to you by the dead line.



More Member Activities

Anne Mc has been busy

I know lots of you took the workshop "African Sunshine" from Pippa Moore several years ago. Well... I expanded mine into a queen-sized quilt. Just needs its outer border and then to be quilted. (another 2 years??) It was fun to pull it out after all this time; the colors certainly cheer me up. I only hope I can actually sleep under it. While my husband loves it, he thinks it might keep us awake!!



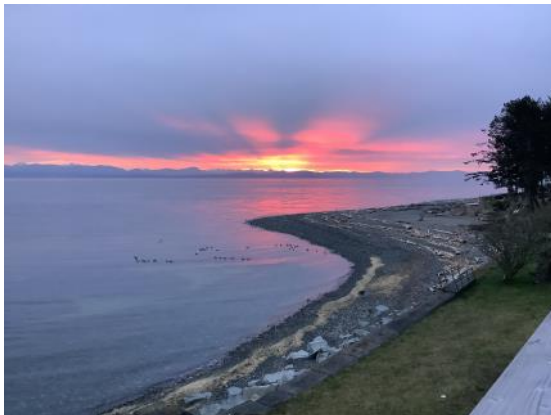
Peggy has been busy

Here is one of my ufo's ...finally finished after 10 yrs. Well worth the wait.



More Member Activities

Anita has been busy doing quilts for Community Quilts and taking pictures



More Member Activities

Colleen Barker has been very busy

Hello everyone

First log cabin table topper. I followed the directions in the "Quilters Academy vol.1 Freshman Year"

I think we have these books in our library.

Also, I've been knitting a lot and decided I needed a monthly project bag. Here are photos of February and March. Both patterns by Anna Graham -noodlehead. Shamrock open wide bag is a free tutorial on her web site.



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

SUNSHINE

I am sure that everyone is sooo tired of our isolation and all the rules, but we will make it thru. Thank you to everyone for letting me know when and where to send a note of cheer.

I have sent many cards, some sad and some cheerful, I hope they offered a note of cheer to everyone.

Please continue to let me know when you hear of a time when a need is there, without your input I cannot do my job.

Thank you.
Florence

Email me at: sunshine@schoolhousequilters.com

BIB n' TUCKER QUILTING

April Sale

All tone on tone purples

All tone on tone yellows

20% – 30% off 2m + (same bolt)

½ m minimum cuts

Precut Panels 25 -50% off

1006 Craigflower Road Victoria BC
386-6512 (Tues - Thurs 11-3, Sat 12-4)

Member Activities

Christine has been busy

Here are some recent completed projects

1. Guild BOM
2. Stripology queen size "Open Seas" quilt which has been 3years in the making
3. Easter Masks
4. Valentine Mug Rugs
5. Baby Quilt for a new Aussie family member born this month in Sydney



Happy April Birthday

Please wish everyone a Happy Birthday



Leslie	Jagat	4/2
Lynda	Reid	4/4
Lois	Jones	4/7
Trudy	Thorne	4/11
Walsh	Judy	4/11
Terry	Vadeboncoeur	4/12
Gail	Keenan	4/12
Jean	Querin	4/13
Beth	Ritchie	4/14
Loralee	LeClere	4/14
Heather	Hodge	4/23
Colleen	Love	4/22
Shirley	Engerer	4/27
Marilyn	Schick	4/28
Linda	McDonald	4/29
Sandra	Forsayeth	4/30

Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com



The new Guild Facebook group page is up and running. When you click the link (or copy and paste it), you will be asked to join. Then you will be added to the group. This allows the group to be a closed group to just our guild membership. Why the new group page? This new group will be attached to a guild account rather than a personal page. It has quite a few benefits - it will allow all group members to post their own pictures, interact with other group members and can allow us to have video calls with each other.

<https://www.facebook.com/groups/813194142640864>

If you have difficulty joining the group ask Tracy Richards or Hope Rychkun for help. You can find their email in the Members Only section of our website www.schoolhousequilters.com

Let's have some fun sharing ideas, quilts and more.
Only guild members will be allowed in this group.

More Member Activities

Barb Messer has been busy

Two table runners I made for friends of Irish descent.

Both with Shamrocks on the front, one with dogs (for Dennie) & one with chickens (can you guess who this is for?) on the back.

Thanks to Margaret for all the little green squares.



"CAMP HOMEWOOD"

We have our dates for the fall retreat October 13th - 17th, 2021.

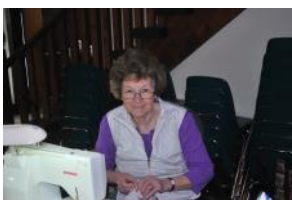
Keep in mind this is not guaranteed to go ahead at this time. So please stay tuned for future updates . . . and keep your fingers crossed.

It will be great to get together again. :)

For more information please contact Beverly Luck.

Past retreat pictures...

2014



2019 February Retreat

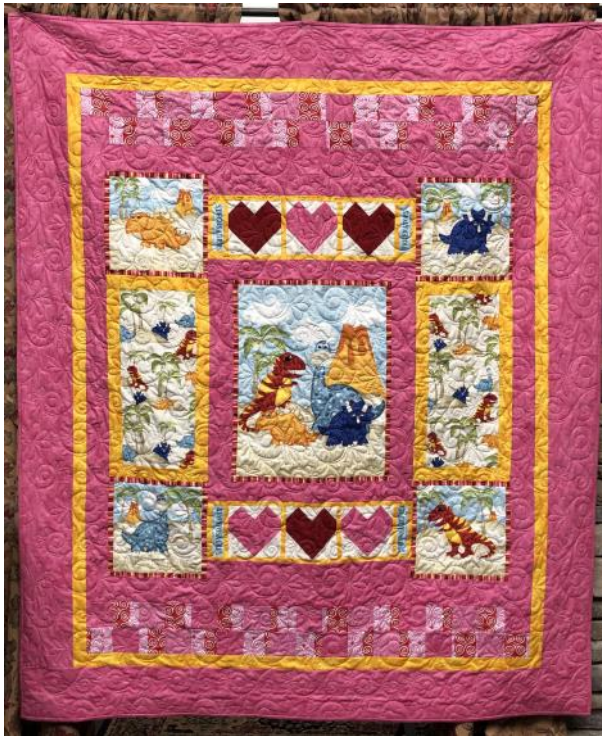


More Member Activities

Sandra C. has been busy

This is how the coming of Springtime has inspired me:

The first one is for my 2 year old granddaughter, who loves dinosaurs. I wanted to add pink to her quilt and found this stripe fabric that had all the colours of the panels plus pink!!



And the next one was from a picture I saw on Pinterest. I love making quilts using 3 1/2" squares and my graph paper.



More Member Activities

Beth Ritchie has been busy

This is a wall hanging or runner called "Glacier Tops". I bought the kit at The Rushin' Tailor in Skagway on one of our cruises - there is also a pattern for a full quilt which some guild members have done.



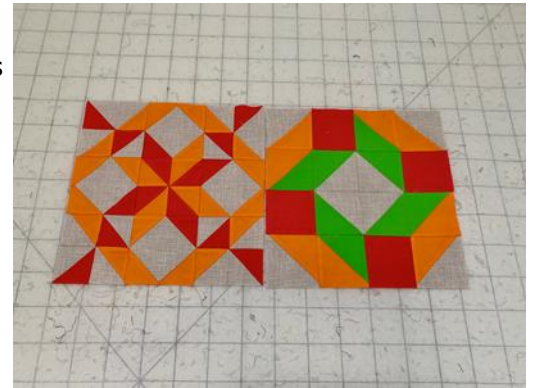
This is a baby quilt for neighbours'/friends' new granddaughter born a couple of weeks ago in Kimberley. It is an Elizabeth Hartman pattern called "Fancy Forest" - I did the small version (over 700 pieces to cut out!) and there is an option for a full quilt too which is four times as big! Once all the cutting is done her quilts are easy to put together - just 1/4" seams and diagonal seams! She has some great patterns - you can purchase and download them on her website.

Block of the Month

I am so happy to see that some of you are doing the block of the month. It will be interesting to see the finished quilts.

Beth Ritchie

I thought I'd send you this photo - I finished the 2nd BOM during my Zoom quilting retreat this morning. When I look at this month's on the right it looks like 4 rectangular boxes stuck together - too funny, an optical illusion! I now trace over the blocks etc. and make myself a blank b&w copy which I then colour in to test out colours, works much better for me! Thanks for doing this!



Judy Flynn



Claudette



Anita



Do you Remember Your First Quilt?

Do you remember how you first got interested in quilting? Do you remember your very first quilt? Please share stories on your quilting journey.

My first quilt was a Mariner's Compass, yes you read that right. When I moved to the Comox Valley in 2006 my best friend Sheila said you need a hobby, you need to quilt. At that time I didn't have a clue what was involved, I had seen what Sheila created but not the process! Wow that is a journey its self. The terminology alone is an education. At that time I had no machine, no rotary cutters (I didn't even know what that was) and so the adventure began.

Sheila said we were going to Kathy Klassen's house for a workshop to learn to make a Mariner's Compass. No worries as Sheila had an extra sewing machine and necessary tools and Kathy said I'll put a fabric kit together for you and you will see how easy it is.

So I went with some trepidation, didn't want to disappoint my good friend and figured it was worth a try at least once. Well, we all know once is not enough and I was definitely hooked. I pieced it but Sheila very kindly quilted it for me (an experience for the next one). Now to get a bunch of necessary supplies and try quilt number 2—hopefully something easier but alas not to be, my second quilt was more challenging but I will leave that till next month's newsletter to share that story.

So take a moment or two to remember your first quilting experience and share your story, hopefully you still have a picture of your first quilt to share.

Hope



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

Guild Member Personal Information

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page and then to **Memberships** on our website for the most up to date list of all email, addresses and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members' personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address.

If your committee does not as yet have one or you are organizing a special event please send an email to our webmaster using webmaster@schoolhousequilters.com to request one.

As a paid member you have received the login and password for this section.

Personal Information Changes

Please notify the Membership Committee of any changes to your email, phone number or address.

The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.

Keep your information up to date in order to receive email regarding guild events.



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

Executive & Committees 2020–2021

President	Diane Cave	Treasurer	Colleen Love
Vice-President	Debbie Maxwell	Secretary	Beth Ritchie
	Past President	Jan Hill	

Community Quilts

	Coordinator—Myra Shearer	
Comox Valley Transition Society	Barb Bocking	
Breast Cancer	Myra Shearer	
N. Island Health Newborns	Joy Whitehouse	
Seniors	Verna Power & Nerissa Thomas	
Teddies & Toddlers	Gladi Lyall & Carreen Webber	
Pregnancy Care Centre	Nerissa Thomas	
Quilts of Valour	Nerissa Thomas	
Hall Open & Close	Carol Metner, Judy Morrison & their teams	
HAW	Hope Rychkun	
In-House Draws	Brenda Levirs	
Library	Anne Taschereau Mamers, Myra Shearer, Margaret Yells, Shirley Krotz, Carol Metner	
Membership	Terryl Essery, Carol Metner	
Newsletter	Editor—Hope Rychkun	Advertising—???
Photography	Barb Messer	
Programs	Sandra Castiglia, Marilyn Schick	
Refreshments	Mary Ellen Hall, Peggy Hawkins, Michelle Lampron	
Retreats	Janis Davis, Beverly Luck, Terry Vadeboncoeur	
Sunshine	Florence Labrecque	
Website	Sam Crewe	
Word Search Puzzle	Bev Michaluk	
Workshops	Clare Ireson, Daniele White, Diane Davies	