Comox Valley Schoolhouse Quilters Guild, P. O. Box 1031, Cumberland, BC V0R 1S0 www.schoolhousequilters.com

President: Diane Cave • Vice-President: Debbie Maxwell
Secretary: Beth Ritchie • Treasurer: Colleen Love • Past President: Jan Hill

### **President's Message**

How time flies!

Christmas is coming fast and furious, and now we're all scrambling to get those quilts and sewing projects finished in time to place under the Christmas trees.

I wish all of you a wonderful Christmas and hope Santa stops off and loads up at the Island quilt suppliers before he fills up your stockings. Be ready - best to have a really big stocking waiting for him!

Diane Cave

### **CHRISTMAS POTLUCK - Thursday, December 5th**

We will start setting up tables around 5:00 pm.

What to bring:

- a savoury dish or dessert to share
- your favourite Christmas placemat...maybe the one Janis demonstrated for us at retreat
- mug, plate and cutlery
- favourite Christmas wallhangings/quilts

Also, if you wish, please bring a wrapped "quilting/sewing" related gift with a value up to \$10.00 for our program part of the evening.

We will have a short meeting between 6:00-6:30 pm and then our dinner to follow.

Hope to see everyone there!

Marilyn and Sandra





### Birthdays in December

4th	Rita Gouthro	
6th	Linda Mathers	
10th	Shirley Krotz	
12th	Claudette Vido	
15th	Shirley Woodbeck	
17th	Anita Jones-Gould	
	& Theresa Pinke	
18th	Joan Boyle	
20th	Patti Kemp	
27th	Marjorie Arnold	

### **REFRESHMENTS**

Many thanks from the refreshment committee for all of your delicious contributions over the year.

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, that is the month that you are responsible for bringing a snack to the business meeting on the first Thursday of the month.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless of whether it is your turn or not, you are more than welcome to do so!

September October November	A & B C & G D & E & F
December	H & I & J
January February March April May June	K & L M & N & O P & R S & T U & W V & Y & Z



### Welcome New Members ....

We look forward to seeing you at the next meeting and at upcoming sewing Thursdays!

If you would prefer to never have your picture or name in the newsletter, just let me know.

editor@schoolhousequilters.com

#### PRESIDENT'S CHALLENGE

The President' Challenge this year is a scrap quilt.

All fabric, including the backing, must be taken from your stash. You can also trade fabric with other members, but the only thing you can purchase is batting.

The minimum size is 40 x 40 inches and there is no maximum size.

VP Debbie is registering participants. The quilt must be made AFTER you sign up for the challenge. It cannot be a quilt you have already made.

The cost is \$5 to participate, which you will get back if you finish your quilt. If you do not finish your quilt, your \$5 is donated to the guild. Any money that is left will go to community quilts. And if members don't want to keep their scrap quilt, it can also be donated to community quilts.

The quilts are due at the June General Meeting.

### Scrap Challenge

Let me introduce you to the "Scrappy Queen", my sister Sue Pallister. She lives in SW Ontario, and has been collecting old quilt tops and vintage fabrics from thrift stores since forever. Now she has bins and bins of "scrap stash" piled up in her garage.

Last year, she raided some of those bins and worked on this king-sized scrappy quilt, AND COMPLETED IT. All by hand. (Oops, I lie. She had it machine quilted!)

Arrggg! Needless to say, I cannot keep up with my sister, and don't even try. Little art pieces are more my style. But maybe one of you will be inspired to do something like it.

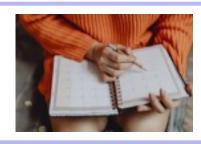
Submitted by: Jessie Schut



#### **SAVE THE DATES!**

There will be 2 more extra sewing days this coming year:

January 15th, 2020 March 18th, 2020





Show & Tell November 2019

















MoreShow & Tell

### November 2019











105 Nored Plaza 6750 N Island Hwy . Nanaimo, BC 250-390-3602. www.sergesew.com

### Authorized Dealer for PFAFF & BABYLOCK Sewing machines, sergers & machine repairs.

Gift yourself a new sewing machine or Serger. We have the best deals for Dec.2019.

Get to know as through our month Newsletter by linking through our website.
We appreciate your continued support. We wish you a very

Merry Christmas & a Happy New Year!

### Stonehenge Contest Deadlines:

Stonehenge Block Party: submit a quilt by December 31,2019.

Panel Quilt Challenge: submit a quilt in-store by November 30,2019

### **WORKSHOP NEWS**

We have had three popular workshops this fall. The workshop committee would like to thank all the members who took part and also the instructors, who are all members of the guild, for their interest and support in making our workshops successful.



## Feather Play: Fun with Feathers with Vicki Dods Saturday, March 21, 2020, 10 am - 4 pm \$40

Feather Play is the theme of the day. Learn various methods to create feather motifs. Explore all-over designs, fillers, border patterns, and curved spines. This class would suit those who have some experience with free-motion work. The supply list gives instructions for quilt sandwich practice pieces you will use on the day.

This class is proving popular. Please sign up for the class with Clare or Diane. The supply list and a photo are available on the workshop page of the website.



### In the planning stages:

#### **Pacific Northwest Bird**

We are also planning a two-day textile and mixed media workshop with Catherine Nicholls on Friday, May 1st and Saturday, May 2nd. Sample pictures are available. Catherine's inspiration comes from creation stories featuring raven, and the wisdom of owl. She takes a look at Pacific Northwest symbols, art forms and legends to integrate the stories into the project, using piecing, bonded applique, pointillism and free motion quilting. If you are interested in joining this workshop, please sign the 'Are you interested?' sheet so we can gauge support for the workshop. If you have any questions, please see Clare or Diane. The fee for the two-day workshop will be \$100.

### **Beading with Eileen Neill in April**

Details of the dates, workshop fees and supply requirements will be available as soon as we have them.

**REGISTER FOR CLASSES** most Thursdays and on meeting nights 5:30 p.m. – 6:15 p.m. If a class is full, we'll be happy to add you to the waiting list. We often have last minute cancellations that we need to fill from the waiting list.

Information on classes, supply lists, etc. is on the guild website under Workshops. http://www.schoolhousequilters.com/workshops.html

Please check your calendars before you register for any classes to ensure that the date of the workshop is good for you. The workshop cancellation policy is under the workshop tab on the guild website. We're always open to answering questions and hearing your suggestions for workshops.

Clare Ireson, Diane Davies and Daniele White Your Workshop Committee

### December 2019



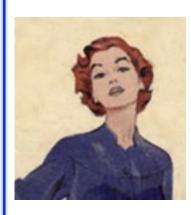
MoreShow & Tell November 2019











### News Flash!!!

Miss Fussy Cut has come into the 21st century!! She now has an email address!

You can send her an email whenever you think of your question. She loves to answer real questions about real quilting problems from real members.

Of course, you can still write out your question and place it in the jar on the library shelves.

Miss Fussy Cut's email address is: MissFussyCut@shaw.ca

Dear Miss Fussycut,

You know how they say, "Everything old is new again?" Well, I feel like I'm getting old and not going to be seeing any of the "new" any day soon! On the other hand, I am starting to see all sorts of connections, especially connections between now and the past.

Take last week...I was over at Lydia's for our biweekly "piece-in' and pity party." We get together regularly to work on quilts and bend each other's sympathetic ears.

(You must know Lydia! She does all of those marvellous Mariner's Compass quilts with sharp points all over the place. "It's all in the pressing." she keeps reminding me, "You have to have perfectly flat seams, perfectly pressed. And for heaven's sake Betty, how many times do I have to remind you? Press, don't iron! Don't iron!")

So yesterday, Lydia plugged in her iron and we finally got to work. All of a sudden, I was overwhelmed by this memory of walking down to Nelson's Dry Cleaners every day after school to wait in the office with mom until she got off work. I could see it all like it was yesterday. Heavy wool overcoats hung on pressing dummies spewing clouds of steam. Wool dress pants being squeezed between the flat presses! "Lydia," I said, "what's that smell?"

"Oh, yeah," she giggled while pointing to this thick thing on her ironing board, "Kind of stinks, doesn't it? It's my new pressing mat. It's wool. I couldn't be without it!"

I didn't say much, because it didn't stink to me! It made me feel all warm and fuzzy. It felt like mom's hugs and kisses!

Well, I had to leave because lately I've been having trouble seeing, let alone reaching down to my feet, and I was going to be late for my appointment at the podiatrist.

Talk about connections! I walked into the podiatrist's office, and there she was with some sort of foot brace thing, and next to it on her counter was Lydia's pressing mat! "Oh," I gushed, "you're a quilter too! You have one of those new pressing mats!"

From the look she gave me, I might as well have said, "How was your trip to Mars?"

Turns out, she uses the same kind of wool padding to make cushions for foot braces!

So what do you think Miss Fussycut? Should I get one of those wool mats for pressing, or just use it to wrap my tired, achy feet?

Yours truly,

All steamed up!

### Dear Pressing Archaeologist,

You are absolutely correct! It is pretty hard to find something truly new these days! They have already done it all. But consumerism will not survive without a new twist or angle, will it?

I believe Lydia had it absolutely correct when she said, "Press, don't iron it." Quilting is a "Pressing Matter"!

If you think about your ironing space you should be looking for a compact base...remember the old wooden ironing boards. Then along came the metal mesh ironing boards covered with a thick but dense cotton wadding. This wadding is the same base the dry cleaners would use to PRESS all clothes. It helps hold the heat and set the seams.

Please be sure to never place your wool matt (should you acquire one) directly on your cutting mats or dining room table! The steam will penetrate and cause damage. Also do not use any fusible webs or spray starch like Best Press. Be sure to use a teflon sheet or cut the costs and use parchment paper to keep your wool mat looking clean and new.

But for the life of my pocket book, I would just as soon save my pennies for more fabrics. Now, if someone wants to gift me a small matt I won't turn them away.

Now, let's let the steam out and get on pressing.

On to the next pressing matter,

Miss Fussy Cut

# Come in to Huckleberry's & check out the Tula Pink 770QE and 570QE Special Editions



HUCKLEBERRY'S

PARKETS FABRICS INC.

BERNINATI SALES · SERVICE · SUPPORT 1930 Ryan Road East, Comox BC 250-339-4059 or 1-877-339-4059

huckleberrys@shaw.ca

### STORE HOURS

Monday-Friday 10:00am-5:00pm Saturday 10:00am-4:30pm Sunday Noon-4:00pm

### December 2019



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Thank you to Barb, our photographer, for all the wonderful pictures of show and tell and other events in our guild. Also, thank you to Ardythe for filling in when

Barb is away.

Seeing photos of what's going on is wonderful for those who are unable to make it to meetings or attend all the special events.

If you see something interesting happening on sewing days or at other guild activities, please send me a picture so we can all see it! editor@schoolhousequilters.com



### **CAMP HOMEWOOD RETREAT**

# <u>Sign up now</u> for our next retreat scheduled for February 12<sup>th</sup> – 16th,

This will be a *four* day retreat which provides us with lots of valued time for sewing and socializing. It **will run from 11 am Wednesday to 11 am Sunday.** Sign up will start at the December business meeting. If you do not feel you can attend for a full four days, please do not let that deter you from registering as it is a possibility for some of you to attend for three days only.

The cost per person for the *four* days will range from \$278 to \$362, depending on the room you choose. The starting range of \$278 includes the three non-updated private rooms in the guesthouse, as well as bunk style dorm rooms in the main lodge which sleep up to seven people. However, on average there are usually anywhere from 2 to 5 in these rooms. Individuals in these rooms have shared bathroom/shower facilities. There is a separate handicapped washroom available to anyone who may require ease of access to toilet or shower. There are also newer rooms available which sleep up to 3 and have their own washroom, including shower/tub. These rooms are either \$306. with 3 sharing the room, or \$320. with only 2 sharing.

All prices include 3 meals a day along with snacks consisting of cookies or squares, fruit, coffee, tea, and hot chocolate in the evening. The meals at Camp Homewood are excellent . . . and you will never walk away hungry!

If you have never been to a retreat at Camp Homewood, we urge you to give it a try. It is a lot of fun and a great way to get to know your fellow quilters. Over the past couple of years we have seen a number of quilters who have attended retreat for the first time, and we continue to see more of them becoming regulars.

If you wish to sign-up or for further information please contact one of the retreat coordinators listed below. Our contact details can be located on the guild website under "retreats" or by viewing the membership list.

For those of you who plan ahead, the 2020 fall retreat is scheduled for October 14<sup>th</sup> – 18<sup>th</sup>. 2020.

We look forward to seeing some new members as well as all of our regulars at one of the upcoming retreats.

Beverly Luck Terry Vadeboncoeur Janis Davis



More Show & Tell November 2019











Thank you to everyone who picked up and made Comfort Bags & Pillow kits. I now have about 25 bags and pillows ready for the hospital. This is a year round project and I have more kits available to anyone who wants to make a comfort bag and pillow. The kits are now located in a box in the storage room at the hall. Please help yourself to one, and when the kit is completed, you can return it (and the instruction sheet) to the same box.

#### AN ELITE CLUB - ONE I DIDN'T REALLY WANT TO JOIN

I just joined a very elite club. It was completely involuntary, and not what I planned, but then, life has a habit of throwing curve balls when you least expect them. It has meant that in the last six weeks I have met some amazing people, and even more that I already knew, who have helped and encouraged me while I participated in the club's activities.

Yup, I had a routine mammogram, and had the call back. "Gee, did I forget, and put on body lotion prior to it?" The clerk calling me was so reassuring, so, "no problem," I thought, "probably a glitch in the machine."

The second mammogram was followed immediately by an ultrasound, and I had not finished dressing when the nurse/technician came back in saying that the radiologist had seen a mass, and here was the time and date of the biopsy they wanted to perform. By the time i got home (and I live 5 minutes from the hospital) my phone was ringing, my own doctor wanted to see me that evening. And that was the start of my very own roller coaster ride. I was diagnosed with breast cancer.

All sorts of things went through my mind, I was mostly annoyed that this 'thing' had invaded me. Then the dreaded "C" word percolated through my brain. I grew up with the whispers behind a hand and the huge bogey man that it was made out to be.

One of the very best aspects of this was knowing that so many of my friends and colleagues at the Guild had been through all this before me. Heck, if they could deal, then so could I! Treatment was uncomfortable, but not painful. Two operations later and I still have not taken even an Advil.

The medical folks were fantastic, and couldn't have been more empathetic and helpful.



So? The point is, one in every two hundred and sixty seven women over 65 get breast cancer.

#### Do not skip your mammogram as you get older.

Early detection is the key to successfully treating breast cancer. My 'mass' was less than half the size of nail on my little finger, and even the surgeon couldn't feel it, but the radiologist and technicians knew what they were looking at.

I really want to be selfish and not let anyone else into this club, but, if you do become an involuntary member, and want to know what to expect, just ask me. If I can't help, there are others who can.

Submitted by Carreen Webber

**UPDATE:** Early detection meant that I was treated quickly and (relatively) painlessly. As the cancer was extremely low grade, and the tumour small, it hadn't spread and all was removed by surgery, bringing my chances down to 6% of getting breast cancer again. The BC Cancer Clinic likes their clients to have what every person has, a 1% chance of getting it. The best choice of preventative measures for me was a medication which will inhibit the growth of hormone related cancers, so not even radiation! I have been "caught and released" (fishing term) in less than three months. Not even "short term pain, for long term gain."

Go get that mammogram!

### December 2019





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### Sew this happened!

East Coast Quilt Co. created a custom covering to use in Santa Claus parade

https://www.cbc.ca/news/canada/ newfoundland-labrador/car-quiltcover-1.5222994

### LIBRARY NEWS

We have had more books donated and they are now in the library:

- #641 Quick & Easy Romantic Quilts
   by Sandy Berry
- #642 Rings That Bind
   by Cheryl Phillips & Linda Pysto
- #643 Two Hour Mini Quilt Projects
   by Kate McKenzie

#### **Book Sale**

We had a book sale before the November meeting and raised \$56 that will go back into the library.

The books that were sold were not old ones from our library, but were ones that had been donated. Some of the books that are given to us are put into the library, but ones that are very old or duplicates of what we already have are put aside to sell.

Thank you to everyone who bought some books.

#### SIGNING OUT BOOKS

If you are unsure about how to borrow books from the library, the instructions are taped to the inside of the library cupboards, and listed in September's newsletter. Or ask any member of the library committee for assistance.

### **Library Book Audit**

Members of the library committee had an audit of the library on Nov. 14.

This audit was to check for missing or overdue books, not to cull out old books.

**Numerous books are MIA** – they have not been signed out and we have no idea who has them. Please check your books for the following:

# 117 Beaded Embellishments

#151 A Candle on the Coast

#371 Rotary Cut Quilt Blocks

# 627 Modern Baby

Stencils and DVD's are missing as well. If you have any of the these stencils – 1, 12,20, 22, 26, 30, 55, 67, 74, & 82 – please return them or sign them out correctly.

If you have any of these DVD's – 83, 95, 97, 98, 101, 102 & Ricky Tims Presents Grand Finale – please return them or sign them out correctly.





More Show & Tell November 2019



### FOR SALE



Brother Innovis NQ700, perfect condition, barely used 180 built in stitches, a dozen feet, including walking and buttonhole.

Manual & standard accessories included.

Brother site price \$1499, selling \$850 firm.

Please contact Lindy at 250-941-1488



### December 2019



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### **BOOK REVIEW by Lois Warner**

A Cozy Quilted Christmas Kim Schaefer C & T Publishing 2007 Guild Library # 615

&

I Believe Nancy Halvorsen Art to Heart 2009 Guild Library # 397



Christmas holidays will soon be upon us and who is completely prepared? I have selected two books from our library which are full of quick solutions to that last minute gift or wallhanging or table runner that can be on the wall or table in no time.

The first book "A Cozy Quilted Christmas" by Kim Schaefer, is a real gem. She begins with four lap quilt projects which combine simple piecing with fusible applique. In tune with the 'folk' look, there are no bright reds and greens, but more subtle, softer, comfortable colors. You will want to wrap yourself in these quilts! The smaller wall quilts are so varied, from an angel (halo included) wearing earmuffs and scarf, to one looking truly angelic in her striped socks. Don't limit yourself to a wall quilt - there are likely a dozen ways these adorable angels could be used!

A 'Poinsettia' or 'Tall Trees' table runner would fit in anywhere. Both are very Christmasy, even with the addition of turquoise in the border. For small table top trees you have a choice of two different but very attractive mini tree skirts. Finally, there are quick gifts perhaps most suited to men: wool felt coasters that are a snap to make, or Santa sport towels. Baseball Santa is ready to play with his bat, glove and ball, and he's even sporting a wonderful moustache. Again, as with the angels, I'm sure these fellows could be used in so many different ways.

Now for the second library book, "I Believe" by Nancy Halvorsen. This is another fusible applique book. It has one lap quilt which is made up of patterns that could be used for separate projects (eg smaller hangings or pillows). Who can resist one of the quilt squares, three cats singing in harmony? The smaller projects in this book would be ideal as gifts. Christmas mug cozies, mini quilts and pillows or cards appear in many enticing photos. A card holder in the shape of a tree, decorated tea towels, aprons, as well as ornaments round out the projects in this book. Your scraps will be well used as nothing appears to take much fabric!

Both books have quick-to-make, fun-to-make projects. The theme of both books is Christmas, but with a folksy touch. Santa laughing with Rudolph gives a real feeling of joy to this upcoming season. Thumbs up for both books, and Merry Christmas from your book reviewer.

More Show & Tell November 2019











### **Member Advertisements**

Members of the guild may submit a classified ad related to sewing & quilting items up to 3 times per year. Ads will be published as space permits.

Include: **up to 30 word description**, price, and contact info. One picture may also be included.

Send your ad to:

editor@schoolhousequilters.com





Sandra helps Sharon Hampton from The Red Barn during a program demo on napkin and placemat techniques



Sharon presents 15 placemats to Loralee LeClere from Meals on Wheels.



#### SUBMISSIONS TO THE NEWSLETTER

Submissions are <u>due the 15<sup>th</sup> of the month</u> <u>prior to publication</u>. Late submissions will be filed for insertion in the following issue. Please send to:

editor@schoolhousequilters.com

### **Newsletter Advertising**

Please contact Sandy MacDonell for rates: nlads@schoolhousequilters.com

Submit advertising by the 15<sup>th</sup> of the month for the following month:

editor@schoolhousequilters.com

Please ensure that any info you send is not under copyright....unless it's YOUR copyright, of course!

For many of the things you find on the internet, it's difficult to find the original source.

If you are submitting something regularly to the newsletter, please send a new file of exactly what you would like to have in your section by the due date of the 15th of each month.

#### **MEMBERSHIP DUES!**

The executive reviews the membership fee on an annual basis, depending on the rent charged per annum from September 1 to August 31 of the following year.

The fee for the current year is \$60.00. For a new member the fee is due when joining.

Renewal membership fees are due at the September general meeting. If a member joins the Guild in May, June, July or August, the fee is applied to the next full year. If you can't attend the September meeting, here's how to pay your renewal:

- Write a cheque to Schoolhouse Quilters Guild for \$60.00
- Mail it to: Comox Valley Schoolhouse Quilters Guild, P. O. Box 1031, Cumberland, BC V0R 1S0
- Your receipt & sticker can be picked up from 5 pm until the meeting begins and during the break on meeting nights.

### Thank you....to

- •all those who got their info in to me by the 15th so the newsletter can go out on time!
- •Miss Fussy Cut for her sense of humour and hard work answering all the questions!
- Ardythe, Nerissa, and Hope, for proofreading.
- members who submit interesting items for the newsletter
- •our advertisers for supporting our guild.
- all who take the time to read all or part of the newsletter, and to look at all the pictures of what's going on!

### Have you ever visited Dressew?



https://www.msn.com/en-ca/lifestyle/financetop-stories/business-booming-at-dressewsupply-after-nearly-six-decades/ar-AAJqitM? ocid=se

2019-2020 Committees		
Community Quilts	Coordinator – Nerissa Thomas	
Lilli House	Barb Bocking	
Breast Cancer	Myra Shearer	
Placemats	Sharon Hansen, Lois Jones, Susan Richert,	
N. Island Health Newborns	Joy Whitehouse	
Seniors & Fire Quilts	Verna Power, Nerissa Thomas	
Vanier Teddies & Toddlers	Gladi Lyall, Carreen Webber	
Pregnancy Care Centre & Quilts of Valour	Nerissa Thomas	
Hall Open & Close	Carol Metner, Judy Morrison & their teams	
HAW	Hope Rychkun	
In-House Draw	Brenda Levirs	
Library	Anne Taschereau Mamers, Myra Shearer, Margaret Yells, Shirley Krotz, Carol Metner	
Membership	Terryl Essery , Carol Metner	
Newsletter Advertising	Sandy MacDonell	
Newsletter Editor	Eva Hansen	
Photography	Barb Messer	
Programs	Sandra Castiglia, Marilyn Schick	
Refreshments	Mary Ellen Hall, Peggy Hawkins, Michelle Lampron	
Retreats	Janis Davis , Beverly Luck, Terry Vadeboncoeur	
Sunshine	Florence Labrecque	
Venue	Jan Hill, Anne McCullough	
Website	Sam Crewe	
Workshops	Clare Ireson, Daniele White, Diane Davies	

### **General Meeting Reminders**

We meet the first Thursday of each month from September until June at 6:30 pm at the OAP Hall in Cumberland.

- Bring your coffee mug
- Turn off your cell phones before the meeting
- Remember that we are a scent free meeting
- Keep aisle ways clear of tables & chairs so others don't trip

# Do you have something you would like to raise at an upcoming meeting?

Please let Beth, our secretary, know by email no later than the day before the meeting so she can put you on the agenda. This includes items under Members' Announcements. We like to run our meetings as efficiently as possible.

secretary@schoolhousequilters.com

#### **Guild Sewing Days**

Members are encouraged to attend sewing days each Thursday from 9 am until 9 pm at the OAP Hall in Cumberland.

### Need to contact a guild member, committee or executive member?

Members can access information about other members using the user id and password given when membership fees are paid. Member contact information is available in the members only section on the guild website.

If your committee does not have a guild email address, or if you are organizing a special event for the guild, please request one from our webmaster at webmaster@schoolhousequilters.com

#### **Personal Information Changes**

Please notify the membership committee of any changes to your email, phone number or address so

### **Fun With Fabric**

### **Beverly Michaluk**

Bring to JAN. Business Meeting



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Brocade Gauze Rayon Chintz Sateen Jersey Satin Cotton Lace Crepe Muslin Silk Dacron Nylon Tapa Denim Orlon Terry