

Demo Instructions for Circles with Motion

by Marilyn Schick Oct 3 2019

Illustration #1: This Circle Block can be added anywhere on a project. Applique into place, using your favorite technique and stitches.



Illustration #2: Project using multiple sizes of the Circle Blocks. WHEELS IN MOTION Made by Marilyn Schick

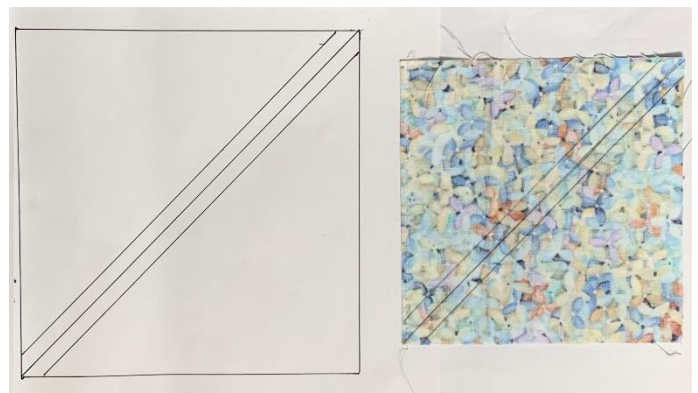
INSTRUCTIONS:

1. Choose two contrasting fabrics and cut 2 squares of equal size from each fabric.

For this demo, I cut 5" squares.



2. Place the 2 lightest colored squares with wrong side up and pencil mark a diagonal line corner to corner. This line will later be used as a CUT LINE. Draw a line on either side of the CUT LINE $\frac{1}{4}$ " away. These two outer lines will become your SEWING LINES. Option: If you are comfortable with using your sewing machine foot for an exact $\frac{1}{4}$ " seam, you can disregard drawing these two lines in pencil.



3. Pair up squares, one dark with one light, right sides together. Sew on the two SEWING LINES that you have drawn on the backside of the lightest fabrics. The illustration shows what this will look like from the dark side of the fabric.

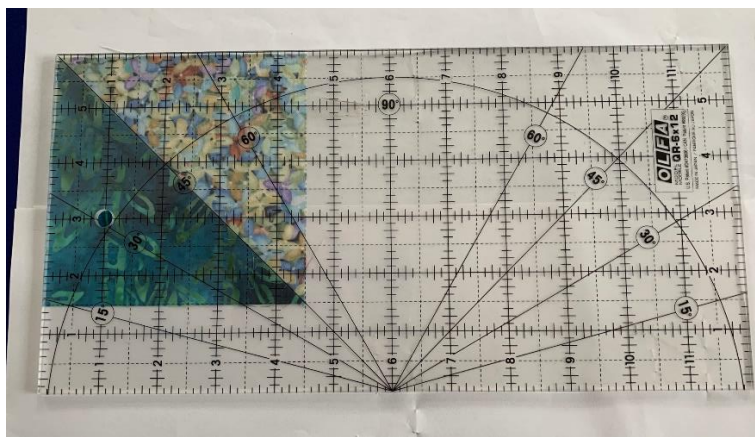


4. DO NOT CUT ON THE "CUT LINE" UNTIL AFTER YOU HAVE COMPLETED THE FOLLOWING STEP. This ensures that the diagonal seam will not stretch or go wonky on you for each of the 4 half SquareTriangles you will eventually have.

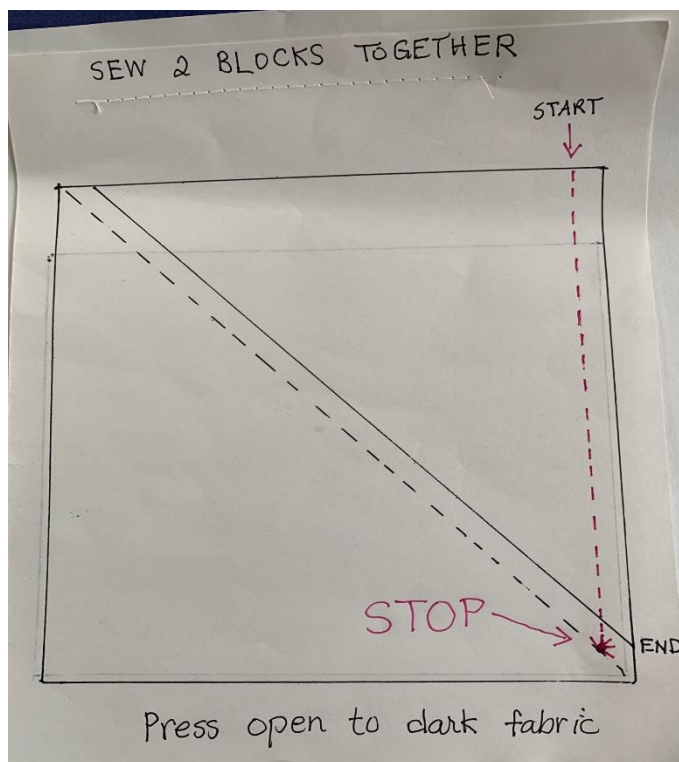
Carefully fold over one side of the DARK FABRIC triangle towards the opposite DARK FABRIC Triangle and press with a hot iron. Bring corner back to a full square. Now do the other side of the Dark Fabric. Press the second seam with a hot iron being careful to stay only just slightly over the seam. This will avoid pressing flat the first seam you have just ironed. Open up block to the full square. There will be the appearance of a valley down the CUT LINE and in between the two SEWING LINES.



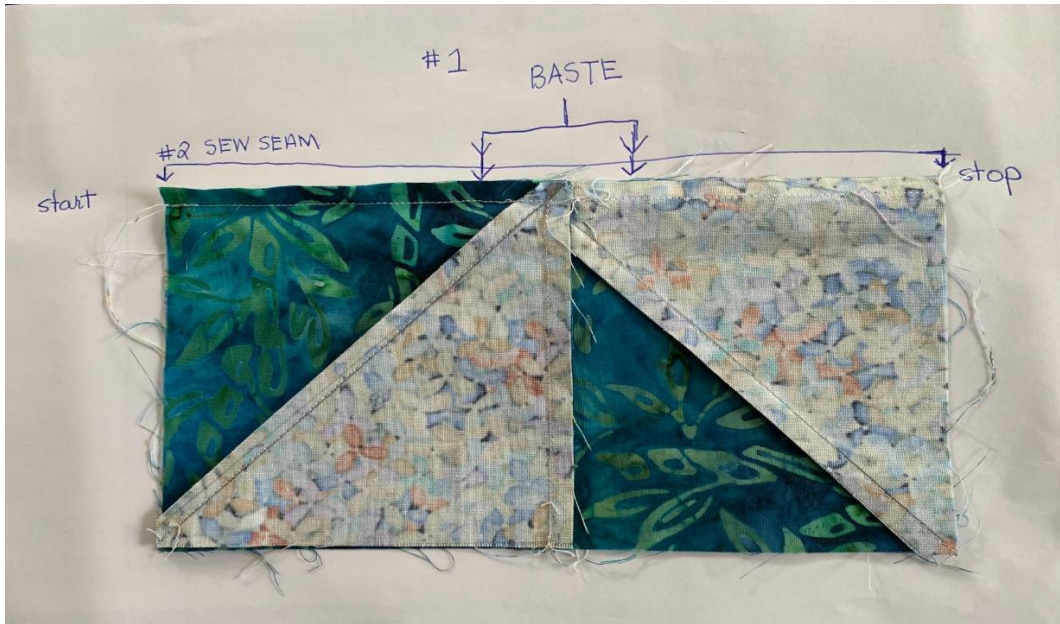
5. Now you can cut on the diagonal CUT LINE of each pair of blocks. You will end up with four Half Triangle Square blocks. Your block will have little ears in the corners. Using a 45 Degree Ruler, square up your blocks to measure exactly $4\frac{1}{2}$ inches. This exactness will help you have perfect points when you sew the 4 blocks together. If unsure how to use the 45 degree ruler correctly, please ask someone knowledgeable to teach you. I did not cover this in the demo. Below is one of my favorite Olfa Rulers for squaring up blocks 6" and smaller which have angled seams, such as the block we are making here.



6. Lay out blocks in Windmill Pattern as shown below. Place block on the right, over block on the left, right sides together, sewing seam on the right hand side. ONLY SEW DOWN TO THE DIAGONAL SEAM and back stitch a couple of stitches to lock your stitches in tight. $\frac{1}{4}$ " of seam will not be sewn. **This is a very important step** that must not be missed. See drawing for clearer instructions. Press centre seam toward dark fabric.



7. Place one set of squares over the second set of squares, right sides together. First, set sewing machine to basting stitch and baste about 1' of seam in the centre where all the points will meet. Open up block to make sure all points are sewn together perfectly. If not, remove basting and adjust accordingly, basting a second time. Once the points are perfect, reset machine to regular stitch length and sew complete seam from one side to the other. No need to remove basting as you are sewing exactly over top.

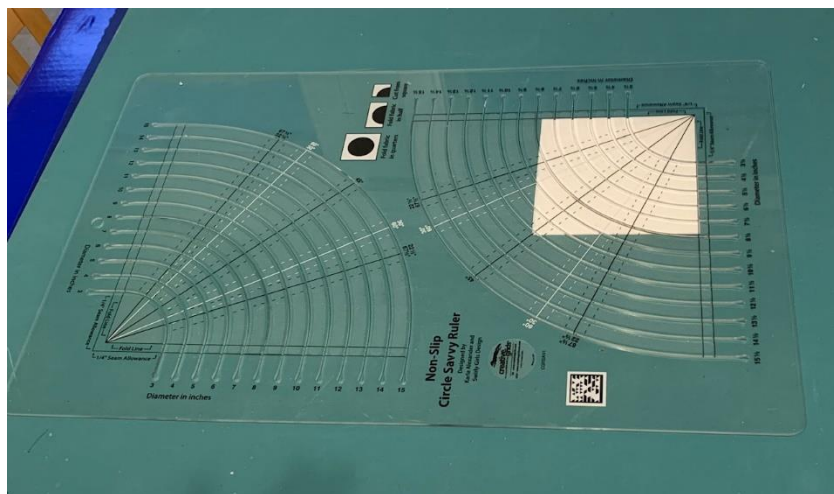


8. Now its time to press the seam. As you open up the block, you will see on the backside, that the seam you have just sewn will fall naturally in place, with the bottom half falling to one side and the top half of the seam falling to the opposite side. You will also see a mini little WINDMILL in the centre where the points all come together. When you see this little WINDMILL, you know that you sewed your block correctly. Now go press the seam. Block will measure 8 ½" square.



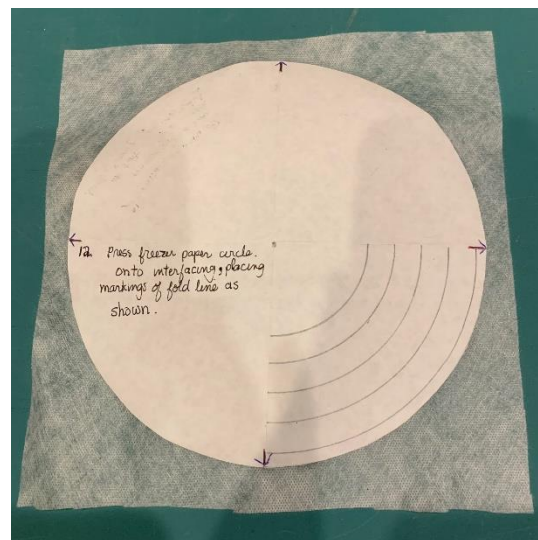
Preparation for sewing block into a circle for applique:

9. Cut a square of featherlight non-fusible interfacing slightly larger than your Windmill Block.
9 1/2 "square is plenty large.
10. Cut a piece of Freezer Paper the same size as your block: 8 1/2 x 8 1/2 inches. Fold in half, and then fold in half again. Place folded inner point into the corner on your Circle Savvy Ruler and using a Mechanical Pencil, trace the largest size of circle you can fit onto the paper. I also like to keep tracing the smaller sizes onto the paper as well. Note: Freezer paper can be used many times. Start with your biggest circles, then slowly cut smaller circles, and later even smaller circles.

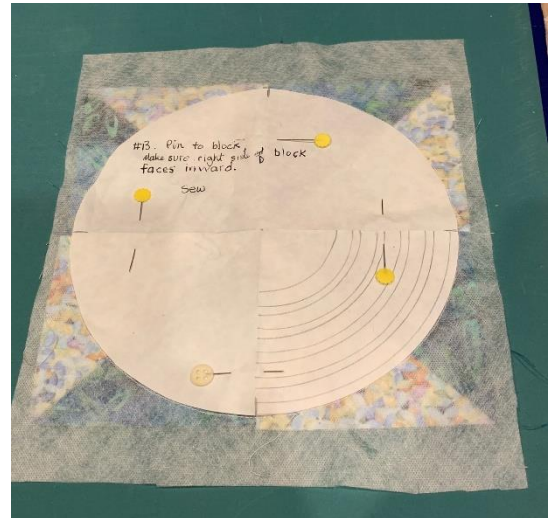


Remember, you are only drawing 1/4 of the circle. Be sure to allow an extra 1/4 " or more on the paper for seam allowance around the circle you will be cutting out with scissors. I do not have a rotary cutter small enough to fit into the grooves on the Circle Savvy Ruler. Hence, I use a pencil to trace the circle and then cut out the curve with scissors, leaving the paper folded. Works just fine.

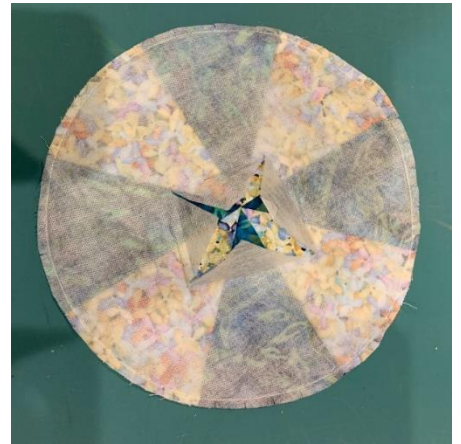
11. After cutting out circle, open up and mark each fold line at the edge of the paper circle. Place circle onto interfacing square, lining up markings at top, bottom and side centers. Press shiny side of Freezer Paper down onto interfacing using a low heat setting.



12. Place Windmill Block on table, right side facing up. Place interfacing with Freezer Paper onto of the Windmill Block. Use the marking to line circle up with seams on the Windmill Block. When all 4 markings line up with a seam, you know that your circle is centered over the block perfectly. Pin.
13. Using the circle as a template, sew around the outside of the circle, being careful not to catch the paper with the needle.



14. Remove pins and gently peel Freezer Paper off of interfacing. Trim around the circle, leaving a ¼ inch seam allowance. Clip seam allowance.
15. Cut a slit into the center of the interfacing. Use this hole to turn Windmill Block inside out. Seams will now be encased inside. Roll edges with fingers so that interfacing is under the edge of the circle. Press with iron set on low cotton setting. Interfacing will shrink slightly, nicely pulling edges of cotton fabric to the underside.



DONE.

READY TO BE APPLIQUED
ONTO A PROJECT.



PLEASE FEEL FREE TO CONTACT ME
WITH ANY OF YOUR QUESTIONS.

Marilyn Schick