



Sew 'n' Tell

Comox Valley
Schoolhouse Quilters' Guild
www.schoolhousequilters.com

February 2016

Monthly newsletter of the Comox Valley Schoolhouse Quilters Guild • Box 1507 Comox, BC V9M 8A2

Presidents Message

Hi Everyone

It's February and that immediately brings several images to mind. Pink hearts! How can anyone not think pink in February? It's the colour I'm instantly drawn to when planning a design palette. The brightest of shades are always alluring, so this year, I'm making a conscious effort to work with softer shades of pink. Having said that, I'm sure I'll find at least one project where I can infuse the vibrant pinks I love.

Next, I think "Heart and Stroke Foundation". This is when we are reminded how important it is to take care of ourselves. It's so easy to fall back into old negative habits, both physical and mental. When I'm hungry and looking for a snack, a muffin rather than a banana is more appealing. "Just one won't hurt" always comes to mind.

When sewing, it's easier to follow a pattern rather than create my own. The small work group really helps me to push myself. Often it's a real struggle to be original. It's frustrating when an idea doesn't happen instantly, and even more so when the sewing side of it takes many tries and lots of time. The euphoria, however, when the project is complete is wonderful. Thanks to the small work group for

the thought provoking topics and the words of encouragement. It's easy to forget the importance of "working out" mentally.

Valentine's Day! A day of Love! It's a day for opening my feelings to all the positive things in my life. Each day with my husband is a beautiful gift. Each day with friends and acquaintances enriches my life. Each day of good health enables me to enjoy my hobbies. How lucky I am! I try to remember that all year, but February brings an extra emphasis to it.

I find I enjoy life better when I remember the past, but, focus on the present and always look forward to the adventures ahead. My bucket list is getting longer and longer.

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Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com

2015—2016 Executive & Committees

Presidents:	Raelene Robertson and Carol Erskine
Past Presidents:	Anne McCullough & Mary-Lou Morden
Vice President:	Janis Davis
Secretary:	Patti Kemp
Treasurer:	Terryl Essery
Community Quilts:	Coordinator—Nerissa Thomas
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Breast Cancer & Teddies & Toddlers	Gladi Lyall
Placemats	Sharon Latham
St Joe's Babies	Joy Whitehouse
Seniors & Fire Quilts	Nerissa Thomas & Verna Power
Pregnancy Care Centre	Nerissa Thomas
HAW 2016:	Mary Lou Morden
In-House Draw:	Brenda Levirs
Library:	Anne Mamers
Membership:	Carreen Webber and Carol Metner
Newsletter:	Hope Rychkun
Newsletter Advertising:	Joan Johnsen
Programs:	Anne McCullough and Margaret Yells
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Retreats:	Terry Vadeboncoeur, Beverly Luck, Sharron W.
Sunshine:	Trudy Thorne
Venue:	♦ Charles Dickens ♦ Nautical Days
Website:	Hope Rychkun
Workshops:	Jackie Greening, Eva Hansen & Lynda Reid
Word Puzzle:	Bev Michaluk

From the Editor's Desk

Newsletter Advertising:

To advertise in the newsletter please contact Joan Johnsen for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

forjj1@shaw.ca

Newsletter Deadline:

Please submit all entries for the newsletter by the **20th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

editor@schoolhousequilters.com

Guild Meetings

Our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

General Meeting (September to June) on the **1st** Thursday of each month at 7:00pm

Executive Meeting (September to June) **3rd** Thursday of each month at 1:00pm

No meetings in July or August, just wonderful sewing days...

Our Website:

www.schoolhousequilters.com

Memberships

Don't forget to renew your membership. You need to be a paid member to enjoy the benefits of the guild...

(Continued from page 1)

My message this month is to remember to look after yourself both spiritually and physically. With busy lives and looking out for others, we often forget that each of us is important too. Treat yourself to something special, and enjoy your hobbies and friends.

On Thursday January 14/16 at the guild, there were a group of ladies doing just that. The louder than normal laughter and smiles on their faces, made the whole room feel happy. Keep it up ladies!

To all the guild members, my hope for you is good health, happiness and a large bucket list to be enjoyed throughout the coming years.

Happy Valentine's Day and a life full of Love
Carol

Welcoming Visitors and Guests

When a Visitor comes to the hall, they may look around, and ask questions about our Guild. It is always nice if a member can help the Visitor and perhaps introduce them to other members. There is no fee for this.

When a member brings a Guest to a meeting there is no fee for this one time only. If the Guest wishes to come to another meeting they should become a member.

When a Visitor or Guest wishes to come to the hall for a sewing day, there is a Five Dollar fee for this, to be paid to the Membership Committee. Even a first time Visitor or Guest, as they are using the facility and equipment paid for by our members. We would also encourage quilters to become members.

We would like our Guild to continue to be a happy friendly place for quilters to share with each other.

Thank you.
The Executive.

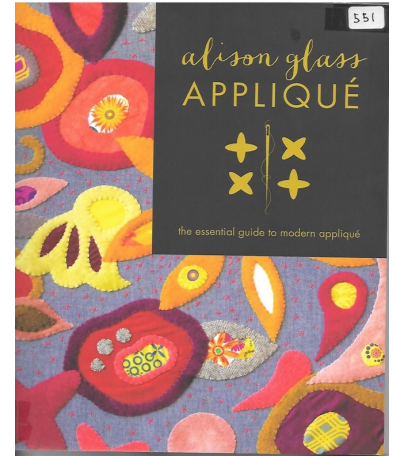
Book Review

Applique' the essential guide to modern applique'

Alison Glass

Lucky Spool Media LLC 2014

Guild Library #551



Have you ever wondered about fabric designers, especially those who have designed some of our beautiful quilting cottons? Alison Glass designs for Andover Fabrics. Her designs have a modern, yet retro, look and this book reflects her style very well. The use of bold color combinations along with a variety of fabrics (cotton, jersey, wool and even velvet) provide interesting projects full of color and texture. Now, add a variety of threads and the option of visible or invisible stitches when doing applique' - the result is modern applique' a la Alison Glass!

Applique' dives right into 'Tools and Materials' with clear information, plus extra information to note. Do you know how to stop your hand stitching thread from twisting and knotting once you have put it through the eye of your needle (see page 17)? Information on tools used in quilt making is standard fare, although a note on cutting machines is interesting, especially, perhaps, for quilters who are devoted to applique'.

Chapter 2, 'Applique' Techniques', covers turned and raw edge applique'. Using a fusible web, such as Wonder Under, gives a much cleaner edge compared to non-fused raw edge applique' (see the photo comparisons on page 35). As for turned edge applique', the various ways to turn the seam allowance over the template is interesting. Using the iron or a bit of glue to shape the fabric around the template are well known methods. But, have any of you used aluminum foil to press and hold the seam allowance in place before ironing it? This method supposedly results in perfect circles

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and ovals. Something interesting to try!

Chapter 3, 'Going Further', pushes modern applique' even further. The author encourages you to experiment by combining piecing methods with hand stitching to come up with a fresh new look. She wants you to think outside the typical quilting box. Some of her own ideas about interesting possibilities are given in this chapter. Not all applique' pieces have to be of one fabric - look at the stunning patchwork applique' on a white background (pg. 58)! The reverse can also be true, and this seems to be quite commonly done in our guild - patchwork background with solid applique'. Designing your own layouts is encouraged, as is enhancing your work with decorative stitches.

The book ends with 'Projects + Reflections'. Even if you aren't interested in any of the 14 projects, do read her 'reflections' on what inspired her creative process, found at the beginning of each project. Yes, she does become philosophical, but there seems to be a lot of truth in what she says. As a successful designer and teacher, her comments about trying something new are interesting. As she says, "A lot of not trying, at least for me, comes from a fear of failure or rejection, or maybe what's familiar is just more comfortable."

Ideas in this book may not be within your comfort zone but, once tried, perhaps you will find this is what you have been searching for. Quilt making is not static. Just look at the variety of quilts we have seen in show and tell each month. The move to get out of the traditional box seems very evident - and the results are equally as beautiful as traditional quilts!

Lois Warner

Presidents' Challenge 2016 "Out of the box"

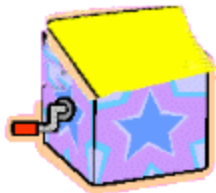
We introduced new opportunity for guild members called the President's Challenge. It is aptly named "Out of the Box". Should you choose to participate, you will draw an envelope. Inside you will find a piece of cardboard from a box (e.g. Cereal box, cracker box, etc.). Your challenge will be to make a quilted project using the colors found on your cardboard sample. It may take you out of your color comfort zone.

You will pay a \$5 entry, (which is fully refunded when you submit your finished product in May, 2016), draw out your cardboard sample and then have 5 months to construct your entry.

Projects for these challenge tend to be smaller items (e.g. Bags, wall hangings, placemats etc.) rather than full size quilts. Get creative in what you decide to make. Ponder, mull over, ruminate, muse, and contemplate till inspiration hits.

At the May meeting, entries are received and voting for viewer's choice will occur. Three categories will be awarded – Viewer's choice, Best use of color, and Most Creative and judged by a panel of 3. You **must** attach your cardboard sample to your project.

Should you be away or wish to enter at a later date, please contact one of the president's to arrange getting your cardboard color sample and instructions.



FIBRE ART VOICES



We invite you to view the upcoming exhibit of our Ocean themed art work at **The Chemainus Theatre**, gallery and Gift Shop.

The exhibit runs from **February 11 until March 26, 2016**

There is a tentative "**Meet the Artists**" event in the afternoon, on Wed. Feb. 17 starting at 1:00 pm.

To view the cover of the playbill and see the announcement of our show go to

<http://chemainustheatrefestival.ca/plan-your-visit/gallery-gift-shop/current-exhibition/>

Margaret Kelly
Karrie Phelps
Pippa Moore
Gayle Lobban
Hennie Aikman
June Boyle

Programs Plans for 2016

February 4, 2016

Demo Night There will be four demos showcasing different appliqué techniques for quilting. Each will last about 10 minutes.

They will include:

Needle turn hand appliqué by Bev Luck

Use of fusibles for machine appliqué by Judy Morrison

Techniques for stems and narrow strips by Marilyn Schick

Fabric painting with "Snippets" and "Confetti" appliqué by Margaret Yells.

March 3, 2016

Our **Community Quilts Committee** group will give a presentation explaining the various ongoing projects that they are involved with.

The Red Barn from Fabricland will be our guest merchant at our March meeting.

April 7, 2016

Ionne McCauley, a popular Island Quilting Teacher, will present a trunk show of her work.

FEBRUARY 2016 WORKSHOP NEWS

Thanks to everyone who supported our workshop program by signing up for classes at our January 2016 meeting!

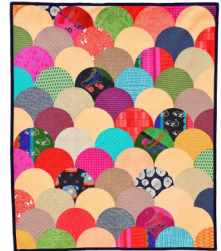
March 12, 2016 – Sea Star Quilt with Janis Davis - \$30.00

This workshop is already sold out but we're taking names for the waiting list.

Use scrappy 2 ½" strips or a jelly roll to make this great quilt. Twenty blocks and pieced border make a 60 x 72" quilt or maybe you would like to only make a few blocks for a table runner or a table topper. The 12" block is easy for beginners and fun for the more advanced quilter.

April 2, 2016 - Modern Quilt –Glam Clam Quilt Chelsea Rogers

Sew up a traditional clam shell quilt in a modern, larger size using 8" clams. This is a great way to master curves since the large scale blocks sew up quickly and easily. We'll experiment with cutting methods and learn how to piece with or without pins.



Fabric choice will be super important with this quilt. Choose a range of colours, values and print scales to punctuate the pattern. Go contemporary with batiks or embrace modern design with a mix of solids and bold, graphic prints.

Chelsea is working hard on a sample quilt for us and we're hoping to have it to show you at the next meeting along with more details on this fabulous class.

April 23, 2016 –Wallet - Raelene Robertson - \$30.00

We only have a few spaces left in this class so sign up will continue at the February meeting.

This popular class is being repeated again this year since we've had so many who would like to take it because they couldn't come the first two times it was offered!

As you all know, Raelene has lots of tips and tricks that she shares when she does a class.

Remember, classes are fun and a great way to meet other guild members.

Workshop Committee

Jackie Greening, Eva Hansen & Lynda Reid

War Bride letter written from the Queen Mary en route to Halifax, 1946.

I know that many Guild members have connections with the U.K., and some might even have mothers who were war brides. My second cousin (the "Mary" in this letter) agreed to share this with you.

G. Uncle Jimmy had fought in WWI before emigrating to Canada in 1919. After trying out a few areas of employment, he became a Mountie. He was considered too old to see active service in 1939, but enlisted as the liaison officer to the First Prova Corp, which was mostly made up of RCMP officers. He had met Doris (a teacher) during an earlier trip to the UK, and married her in 1940 when he returned with the army. They would both be older than the average age of people usually getting married during the war. Mary, their daughter, was born in 1942, so she would be 4 when the letter was written.

Submitted by Carreen

Hello folks

This notepaper is typical of the S.S. Queen Mary. Everything is on a large scale. It hardly seems possible that the wonder ship should be carrying such a crowd of women and children. There are more babies than mothers – some mothers have three babies – the eldest being about Mary's age or younger. I marvel at some of them and am horrified at some others. There was always plenty of noise at school but never, never the number of shakes, spansks and wallops that I've seen since we came under the care of the Canadian Army Authorities. Plenty of babies had to be content with having hands and faces washed whilst mothers smoked, penciled in their eyebrows and made themselves beautiful at the end of a long, hot journey. Needless to say "our Mary" has had her tub each night and morning in the hand basin (vanity). She's beginning to think she should be nibbling biscuits (cookies) or rolls (buns) all day long like many another does.

I'm not going to attempt to describe "Queen Mary". Many others have done better than I could ever hope to do. Sufficient to say it's good to see something really lovely that men have made after seeing so much that was ugly. The paneling is exquisite and I can appreciate the modern panels in the lounges and the marvelous clocks, etc. We have access to practically all the decks and can walk miles and miles. Mary and I share cabin 136 on deck A with Mrs. H. and her baby Anne, aged seventeen months. In it we have two tiered bunks, a hand basin and separate lav., a table, a chair and a stool. It takes us a good while to walk to the Dining Room – the corridor is quite as long as Crathie Rd. And then we descend four flights of stairs. I thought that with all the good food, we might gain weight but have decided we shall walk it away. This morn I bought a newspaper and I've just peeped at it (10.00 p.m.). We seem to have been walking nearly all day. Mary is very thrilled at "my sea". I wish I could get a pair of stilts for her to walk on – then she wouldn't want to be lifted up so often.

Our beds must be army beds and some big chap must have slept in mine for the mattress and pillows are quite hollowed out. The sheets are very good. (My top sheet had a nice hedge tear darn at the top and, being so used to "make do and mend", I "dragged" the edges together!) The food is marvelous! We have been warned not to eat too much of it though! It seems impossible to get a small helping of anything. When cornflakes are served you are presented with a soup plate brim full. Most of the children are overwhelmed by the sight of so much food and can only

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eat a spoonful or so. It seems awful to waste so much when we know how badly many folks need something to eat. The oranges are really lovely and so is the ice-cream but there seems to be a scarcity of apples. The milk is very rich and so are the sauces served with delicious cutlets of fish. I've decided to forgo butter until I'm more accustomed to these good things.

We wake up very early in the morning and seem to be up and doing for a long time before the joyfulness - "Breakfast is now being served" - is heard. Mary and I go to the first sitting of the three meals. After we've breakfasted, we usually tidy our cabin etc. and then go up on deck. Mary has been tucked up in the travelling rug and has often had a nap before "our pal Bobby" and his mother join us on the Promenade deck. (They go to the second sitting). We "chummed" up with Bobby at the "sostel" (Mary's interpretation of hostel) and went walking with him and his mummy while we were at the hostel just behind the Dorchester Hotel in Park Lane (London). Bobby is nearly five and nice playmate for Mary. They cut out fishes and ration coupons etc. and have a real good time. We usually have a walk around the decks and visit the nurseries to watch the babies playing. Most of our time is spent like this for it's no fun being in your cabin longer than you can help. There, we miss the fresh air and feel the motion of the ship.

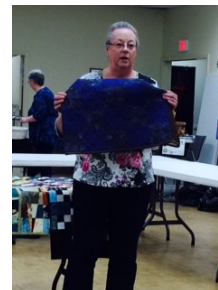
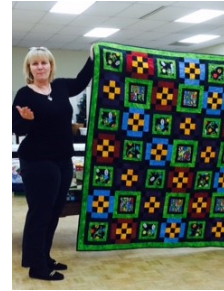
There's plenty of activities on board for those who care to participate in them. At "Piccadilly Circus" there's a few shops and long queues of people waiting to make purchases. We haven't joined them so far. On the Prom. Deck there's a canteen where we can buy all we need - notepaper, chocolate, and lovely fruit drops called "Charms". These are really the nicest sweetes (candies) I've ever tasted.

We've been interviewed by "Tom, Dick and Harry" and will be asked the same questions by the Immigration Officials when the boat docks in Halifax.

Our luggage is packed and we're waiting to see if we're to be met by my Auntie in Halifax. This morning we sent a radio message to her "Disembarking at 4 p.m. today". Mary is very excited. Yesterday afternoon there was a children's party and she was given a balloon, a trumpet and a blower!!! Must take them to Auntie Ivy!

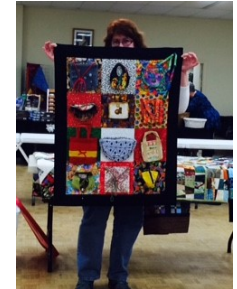
Article submitted by Carreen

January 2016 Show n' Tell



Comox Valley Schoolhouse Quilters' Guild

www.schoolhousequilters.com



Camp Homewood Retreat – February 18 – 21st, 2016

Time is fast approaching for our next retreat at Camp Homewood. **There are still a few spots available for any of you who may be interested.** For those of you who have already registered full payment is due no later than the February business meeting. Please **confirm** any food allergies with one of us, even if you feel you have previously notified us.

Please note the times for both arrival and departure. Arrival time will be 1 pm on Thursday. Please respect that time as there will be no early admittance, and we request that you do not unload prior to 1 pm. In order to gain the earlier admittance we have provided a trade-off with final departure time being 2 pm Sunday. It has also been requested that you vacate your rooms prior to lunch on Sunday so that the Camp Homewood staff can commence cleaning in those areas. Camp Homewood is able to accommodate our request for this early arrival due to the fact that they do not have another group departing on the Thursday morning . . . it may, or may not be approved for future retreats.

We have a couple of activities arranged for this retreat, all of which are optional:

Please remember to bring any items you wish to donate to our silent auction, along with cash or cheques to pay for any of your winning bids.

Donations are collected for staff tips. Please bring cash along if you wish to contribute.

We will be playing the LCR Dice game on both Thursday and Friday nights. If you wish to participate please bring along 3 – 2 ½`` strips the width of your fabric for each night (total of 6 strips for the two nights).

One of our fellow quilters made a suggestion that I thought might be interesting. It was suggested that if you have a quilting/sewing “gadget” which has really made a difference you bring it along to show the rest of us. It does not have to be a new gadget, and could even be something homemade. It may be something which all of us have seen but never tried, therefor not realizing its value. Hope some of you will participate in this.

Sounds like a lot of fun and we look forward to seeing all of you at Camp Homewood. If you have questions concerning this or future retreats please do not hesitate to contact one of the retreat coordinators listed below.

Keep in mind are fall Camp Homewood retreat is scheduled for October 20 – 23rd, 2016.

Beverly Luck, Terry Vadeboncoeur, Sharron Woodland

Refreshment Rota

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, then that is the month that you are responsible for bringing a snack to the business meeting in the evening.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless if it is your "turn" or not, you are more than welcome to do so!

Month	Surnames beginning with:
September	A, B
October	C, D, E
November	F, G
December	H, I, J.
January	K
February	L
March	M
April	N, O, P, Q, R
May	S
June	T, U, V, W, X, Y, Z

The Kitchen Cops

Happy February Birthdays

Chipperfield	Gail	2-3
Fentiman	Joan	2-6
Walters	Edith	2-10
Longland	Sandra	2-15
McAllister	Liz	2-21
Picot	Claudette	2-22
Michaluk	Bev	2-23
Brydges	Henny	2-25
vanBoeschoten	Liz	2-25

Guild Member Personal Information

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page (click the link on the left) and then to **Memberships** on our website www.schoolhousequilters.com for the most up to date list of all email, address and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address. If your committee does not as yet have one or you are organizing a special event please email webmaster@schoolhousequilters.com and request one.

As a paid member you have received the login and password for this section. If you do not have access to a computer or printer please see Hope to request a paper copy of our newsletter. If paper copies of newsletters are not picked up 3 months in a row your name will be taken off the paper copy list. If you will be away, please arrange for another guild member to pick up your paper copy.

SUNSHINE

If anyone knows a guild member who has been ill or has illness or a death in their family or who just needs to be cheered, please call:

Trudy Thorne

(phone number on membership list)

Or email:

sunshine@schoolhousequilters.com

so that a card may be sent

Guild Member Personal Information Changes
Please notify the Membership Committee of any changes to your email, phone number or address.

The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.

Keep your information up to date in order to receive email regarding guild events.

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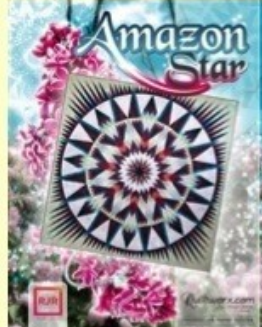
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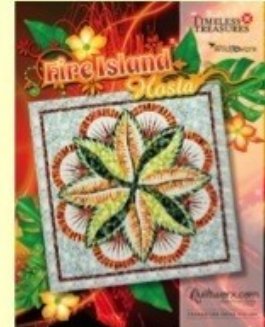
Wisteria Lane
Level: Beginner and above



Amazon Star
Level: Intermediate and above



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Level: Confident beginner and above



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"Reminder to Members

Got something you would like to raise at an upcoming meeting? Please let me know by email no later than the day before the meeting so that we can allocate our time more efficiently in the business portion of our meetings.

This includes items to be addressed under Members' Announcements.

My email address is secretary@schoolhousequilters.com

Patti (Secretary)

Comox Valley Schoolhouse Quilters' Guild


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Thread Talks/Workshops/Trunk Shows Vancouver Island, BC

Pré-Cut-Applique


Pre cut appliqué are various laser cut fabric shapes that have pre-applied fusible webbing placed on the back of each shape.

Anyone who has done hand appliqué knows how tedious cutting and applying fusible webbing can be so forget all that intricate cutting and fussy application.

It could not be any simpler!

Pricing will vary depending on amount of applique and size.

Contact Beverly Michaluk at photoandfabricartist@gmail.com or 250-941-6999



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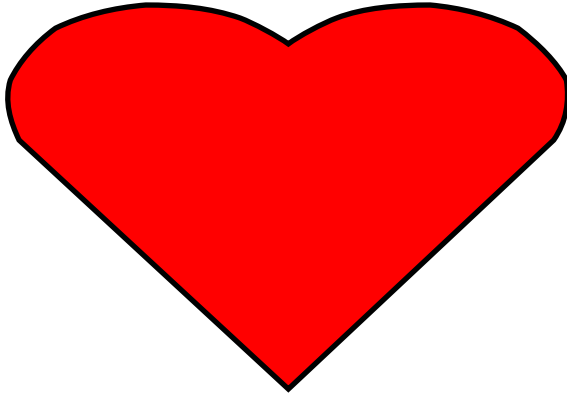


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BERNINA 770 QE – Enjoy sewing, quilting and endless possibilities



BERNINA 770 QE - A lot of space for big art work

For American quilt artist Tula Pink, the BERNINA 770 QE is something very special: "Next to my passion for my designs, I'm equally passionate about BERNINA. The BERNINA 770 QE gives me the space I need for quilting, plus the Stitch Regulator can't be beat for even stitches." Tula Pink plays with images the way a poet plays with words, turning innocuous traditional designs into mischievous little critters. Tula's love affair with textiles began early and an obsession with sewing soon followed. Tula began quilting in an

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Word Search Puzzle Bring to **March** Meeting

Yarns By Name Beverly Michaluk

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c b o t a n i c a s c a d e u
n o r o o b i a y h t a c a o
o r h p r d t l a s t o c c t
y z a r c l l a b r e b u a z
e c l e e h w y l f n e n d t
r r c t b i a z c d c g g i o
u r y s e r r i a a e l e a c
k l o b n c a s n l l t i a l
o b n o d c s l g e c y i a a
o a n l n e w p o r t a e c c
s h g i t e d i r p o t y o l
e u t t n f c a a o s b e a t
a r t n l e r d t i c n g r e

Acadia
Borgs
Cathy
Gatsby
Kureyon
Newport
Pride
Zauberball Crazy

Angel
Botanica
Chainette
Halcyon
Lobsterpot
Noro Obi
Tencel

Angora
Cascade
FlyWheel
Inca
Lucy
Polar Bear
Tess