



Monthly newsletter of the Comox Valley Schoolhouse Quilters Guild • Box 1507 Comox, BC V9M 8A2

Comox Valley  
Schoolhouse Quilters' Guild  
[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

January 2016

## Presidents Message

Happy New Year Everyone

What a great party we had in December. Thanks to everyone who organized it and worked so diligently throughout the evening. To everyone who attended, thanks for being there, and participating in all the activities.

Now it's time to celebrate a New Year. When I was a child, my Dad would tell us to face the New Year with a smile and make it the best year ever. He encouraged my brother, sister and I to set a few goals that would challenge us. Some were much more successful than others.

We hear lots about New Year's resolutions this time of year. Some say they are silly and doomed from the start, while others find them a great way to focus on a fresh start for the coming year. Some years I'm determined not to make any resolutions, so I won't be disappointed if I don't achieve my goals, but in the end, I hear my father's voice.

I've been told that if I say them in front of others, the possibility of success is more achievable. I'm told they should be constructed so they are very specific and have a good chance of being successful.

So here are my resolutions:

I will lose weight. In my younger days this was not a problem, but somehow, over the years that has changed. I thought about aiming for 15 pounds but that made me wince. Then I thought 10 might be appropriate, but have decided that 5 seems the most achievable, so 5 it is. I will complete a minimum of 2 projects for community quilts. This is a goal that's fun and definitely achievable.

I will complete a minimum of 2 unfinished projects that are hiding in my sewing room. I think I'll make a big sign and hang it in front of my sewing machine so I won't forget.

I will "step outside the box" and complete the President's Challenge. I'd better achieve this or I'll be very embarrassed.

So there you have it. My resolutions are out there for all of you to witness. For those of you who choose to make resolutions, I wish you success.

To everyone, I hope you resolve to continue being active members of our guild. There is so much inspiration, talent, skills and friendships, within our group, that all of us can achieve something.

I wish everyone happiness and success in everything that's important to you throughout the coming year

Carol

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## Comox Valley Schoolhouse Quilters' Guild

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

### 2015—2016 Executive & Committees

<b>Presidents:</b>	Raelene Robertson and Carol Erskine
<b>Past Presidents:</b>	Anne McCullough & Mary-Lou Morden
<b>Vice President:</b>	Janis Davis
<b>Secretary:</b>	Patti Kemp
<b>Treasurer:</b>	Terryl Essery
<b>Community Quilts:</b>	Coordinator—Nerissa Thomas
Lilli House	Verna Power
Breast Cancer & Teddies & Toddlers	Gladi Lyall
Placemats	Sharon Latham
St Joe's Babies	Joy Whitehouse
Seniors & Fire Quilts	Nerissa Thomas & Verna Power
Pregnancy Care Centre	Nerissa Thomas
HAW 2016:	Mary Lou Morden
In-House Draw:	Brenda Levirs
Library:	Anne Mamers
Membership:	Carreen Webber and Carol Metner
Newsletter:	Hope Rychkun
Newsletter Advertising:	Joan Johnsen
Programs:	Anne McCullough and Margaret Yells
CQA Representative	Marcy Horswill
Refreshments:	Rosanne Tinckler & the Kitchen Cops
Retreats:	Terry Vadeboncoeur, Beverly Luck, Sharron W.
Sunshine:	Trudy Thorne
Venue:	<ul style="list-style-type: none"> <li>◆ Charles Dickens</li> <li>◆ Nautical Days</li> </ul>
Website:	Hope Rychkun
Workshops:	Jackie Greening, Eva Hansen & Lynda Reid
Word Puzzle:	Bev Michaluk

### From the Editor's Desk

#### Newsletter Advertising:

To advertise in the newsletter please contact Joan Johnsen for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

[forjj1@shaw.ca](mailto:forjj1@shaw.ca)

#### Newsletter Deadline:

Please submit all entries for the newsletter by the **20th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

[editor@schoolhousequilters.com](mailto:editor@schoolhousequilters.com)

#### Guild Meetings

Our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

**General Meeting (September to June)** on the **1st** Thursday of each month at 7:00pm

**Executive Meeting (September to June)** **3rd** Thursday of each month at 1:00pm

No meetings in July or August, just wonderful sewing days...

#### Our Website:

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

#### Memberships

Don't forget to renew your membership. You need to be a paid member to enjoy the benefits of the guild...

## Library News

On behalf of your Library Committee I would like to thank you all for participating in our Silent Auction.

I feel that it was a great success with taking in a total of \$305.25.

Also want to say thank you to those who gave us such wonderful donations that made this event possible.

I hope you all continue to enjoy our wonderful resource The Library!

Happy New Year

Anne ,Dianne, Jan, Nerissa, Sandra

Your Committee

## Welcoming Visitors and Guests

When a Visitor comes to the hall, they may look around, and ask questions about our Guild. It is always nice if a member can help the Visitor and perhaps introduce them to other members. There is no fee for this.

When a member brings a Guest to a meeting there is no fee for this one time only. If the Guest wishes to come to another meeting they should become a member.

When a Visitor or Guest wishes to come to the hall for a sewing day, there is a Five Dollar fee for this, to be paid to the Membership Committee. Even a first time Visitor or Guest, as they are using the facility and equipment paid for by our members. We would also encourage quilters to become members.

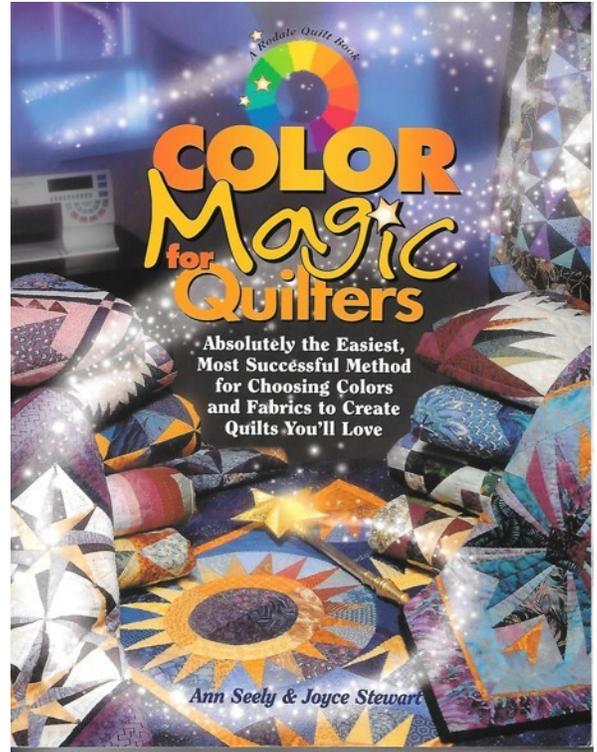
We would like our Guild to continue to be a happy friendly place for quilters to share with each other.

Thank you.

## Book Review

Color Magic for Quilters  
Ann Seely and Joyce Stewart  
Rodale 1997  
Quilt Guild Library #393

Color Magic for Quilters, cowritten by award winning sisters, Ann Seely and Joyce Stewart, is a great resource for anyone who has ever felt unsure about choosing and combining colors and fabrics. The authors have transformed the basic color theories into simple language that any quilter can understand. Using the color wheel as a starting point, quilters can explore color relationships to produce beautiful quilts. The book contains no fancy color theories - just a few simple guidelines that will help quilters choose colors and use them effectively.



From a discussion of the color wheel, the book moves on to "color harmonies". Beginning with a single color harmony (monochromatic) through side by side color harmonies (analogous) right through to multi color harmonies, we are shown 24 easy to understand color formulas for combining colors and fabrics. There are over 250 quilt blocks with exciting color and fabric combinations - a never ending source of inspiration for all your projects.

The section titled "Color Workshop" is a treasure trove of easily understood information, from understanding visual texture to changing the mood by changing the fabric. In addition, discussions include color symbolism (eg. violet is the color of royalty and spirituality) and how some poets and musicians have used color names to de-

*(Continued on page 5)*

*(Continued from page 4)*

scribe feelings and sounds. Interesting!

Color Magic for Quilters ends with 12 projects. Each project gives clear, simple directions, a materials list, finished size and skill level needed. As an example, "Butterflies are Free", a small quilt on page 145, features the 'opposite colors with an accent' harmony. In this case, blue-violet, yellow-orange and an accent of red-orange are used. However, if this particular combination doesn't appeal to you, check out pages 53 and 54. Here you will find a description of how to find an accent color, as well as six more color options within this harmony. Seems simple, doesn't it!

From "Crayonbox Memories" by the authors, to helpful hints from Hazel, the homemade doll, this book is very readable. Simple color terms that are easy to remember and use, make this book a colorful winner.

*Lois Warner*

## Christmas Hampers

Thank you to everyone who contributed to the hamper program this year. We were able to provide hampers to two families—single mothers with two and three children.

Nerissa & Trudy

## Presidents' Challenge 2016 "Out of the box"

We introduced new opportunity for guild members called the President's Challenge. It is aptly named "Out of the Box". Should you choose to participate, you will draw an envelope. Inside you will find a piece of cardboard from a box (e.g. Cereal box, cracker box, etc.). Your challenge will be to make a quilted project using the colors found on your cardboard sample. It may take you out of your color comfort zone.

You will pay a \$5 entry, (which is fully refunded when you submit your finished product in May, 2016), draw out your cardboard sample and then have 5 months to construct your entry.

Projects for these challenge tend to be smaller items (e.g. Bags, wall hangings, placemats etc.) rather than full size quilts. Get creative in what you decide to make. Ponder, mull over, ruminate, muse, and contemplate till inspiration hits.

At the May meeting, entries are received and voting for viewer's choice will occur. Three categories will be awarded – Viewer's choice, Best use of color, and Most Creative and judged by a panel of 3. You **must** attach your cardboard sample to your project.

Should you be away or wish to enter at a later date, please contact one of the president's to arrange getting your cardboard color sample and instructions.



## Charles Dickens Craft Faire

Once again the guild was well represented at the Charles Dicken's Craft Faire, Nov. 13<sup>th</sup> -15<sup>th</sup>. The Filberg Centre was filled with the sounds and sights of Christmas with many outstanding artisans selling their wares. Sales were brisk at the Schoolhouse Quilters' display thanks to the hard work of several of our guild members.

Many thanks to Shirley Woodbeck and her team. It certainly helped get the Christmas season off to a good start!



## Programs Plans for 2016

**January 7, 2016**

Scrap Quilts

Janis Davis will present a short talk on scrap quilts.

We would like to have a display of scrap quilts made by members of the guild. *If you have a favourite scrap quilt, please bring it to the meeting and we will include it in our display.*

### ***Island Sewing and Embroidery***

Will be the guest merchant at our January meeting. This will give us an opportunity to see and purchase samples of the large selection of merchandise that they carry.

**February 4, 2016**

Demo Night

A good opportunity to learn something new.

**March 3, 2016**

Our Community Quilts Committee will give a presentation to explain the various ongoing projects that they are involved with.. There will be a guest merchant at our March meeting.

**April 7, 2016**

Ionne McCauley, a popular Island Quilting Teacher, will present a trunk show of her work.

## Teddies & Toddlers

In November, Gladi Lyall presented quilts & bibs (bibs courtesy of Shirley Woodbeck) to the Teddies & Toddlers program at Vanier High School. The children use the nap-size quilts while in the daycare, and when Mom graduates from high school they take the quilts home.

Gail Kirkoski & Nerissa delivered baby quilts to the Pregnancy Care Centre on December 18th. They are included in the layettes given to the new moms.



## WORKSHOP NEWS

**Upcoming Classes** – We're ready to start taking registrations for the spring classes at the January 2016 meeting. Supply lists will be added to the workshop portion of the website at least one month prior to each class.

### **March 12, 2016 – Sea Star Quilt with Janis Davis - \$30.00**

Use scrappy 2 ½” strips or a jelly roll to make this great quilt. Twenty blocks and pieced border make a 60 x 72” quilt or maybe you would like to only make a few blocks for a table runner or a table topper. The 12” block is easy for beginners and fun for the more advanced quilter.

You'll find the supply list for this class in the workshop section of the guild website.

### **April 2, 2016 - Modern Quilt – Chelsea Rogers**

Chelsea is working hard on a sample quilt for us and we're hoping to have it to show you at the January meeting along with more details on this fabulous class.

### **April 23, 2016 –Wallet - Raelene Robertson - \$30.00**

This popular class is being repeated again this year since we've had so many who would like to take it because they couldn't come the first two times it was offered!

As you all know, Raelene has lots of tips and tricks that she shares when she does a class.

Remember, classes are fun and a great way to meet other guild members.

Workshop Committee

Jackie Greening, Eva Hansen & Lynda Reid

## Thinking Small with Big Results

by Jessie Schut

Small Worx is a group of quilters from this guild who enjoy experimenting with art quilts. They get together about 6 times a year here at the guild. Members take turns challenging us to work on a theme, and a few months later we get together to view the latest results. We keep our works small – about a foot square – so that the challenge doesn't overwhelm us. We also share ideas and knowledge of techniques, and we encourage each other to be the best we can be. There are definitely no quilt police in our group!



I've belonged to this group since its beginnings about 3 years ago. I wasn't sure what to expect, and wasn't sure I wanted to join another group, but thought I'd give it a try. Now, three years later, I look back and say, "Wow, have I ever learned a lot." Working on themes I might

never have chosen myself has pushed me outside my comfort zone, but only as far as I'm willing to go. Working at small projects means that it does not take over your life. And working with other experimenters has



encouraged and inspired me. I'm amazed at how we are all so different when we think about a challenge. For instance, our latest challenge was to include water and at least 5 circles into a piece of art. The photos show some of the results.

We welcome any of you to come to one of our group meetings and sit in to see what happens. Members have come for while, and then go again as other things call out to them. Some take breaks, then come back. Some come, even when they don't finish the challenge, just to see this little art show happening in the back of



the room. It's always inspiring. In January, some of us will be hanging works at the Sweet Surprise Bakery Café at the corner of Cliffe and 5<sup>th</sup> St. In Courtenay. Come check out our work there.



Our next challenge, as posed by Hennie Aikman, is "Winter" – and it's wide open as to what you want to do with that. We'll be doing our reveal on January 7 at 3:30 p.m. so come on out and maybe you'll decide to join us.

## Elvis Christmas Fabric

Last summer we received a donation of a half yard of Elvis Christmas fabric. Nerissa brought it to me and said we should make 'Elvis' a quilt. 'Elvis' aka Greg is a wonderful young man who entertains the Views residents on Friday mornings from 9:30am to 11:30 or noon. He also sings songs from Gordon Lightfoot, Johnny Cash, etc.

It still amazes me to watch women who search for words when talking but remember all the words to the songs. Greg and all the musicians who give of their time and talent are very much appreciated.



## Lilli house

Thank you to all the 'Quilt Angels' who make this picture possible. Myra and I delivered 17 women's quilts and 18 children's quilts to Lilli House on December 17th that will be used for Christmas presents and gifts in the months to come. You are a wonderful group of ladies..... A couple of months ago we ran out of place mats for the Soropto-packs, within three weeks we had enough for the next few months.

Rumour has it that Community Quilts will be the entertainment...I mean program ... for the March meeting and the cupboard is pretty bare. I will be putting together some kits and any help is always greatly appreciated.

Thanks,

Verna Power



Like the advertisement on TV, what do you do when you get unexpected company, or get company with half an hour's notice? It is nice to be able to pull a coffee cake together quickly, or even a dessert from ingredients you have in the pantry or 'fridge. Each of the following calls for a yellow cake mix. I have not tried them with a gluten free mix, but do not see why it wouldn't work.

### Cake Mix Coffee Cake

1 Pkg yellow cake mix   1/2 C margarine or butter                      1 large egg           1 tspn cinnamon

Optional: 1/2 C chopped pecans and/or 1 C frozen blueberries.

Oven 350 F. Grease a 9" cake pan

Put half cake mix in a bowl. Add egg and 1/4 C margarine. Mix well.

Spread this in prepared cake pan.

Sprinkle with blueberries if using.

Put rest of cake mix in a bowl, add cinnamon and remaining 1/4 C margarine. Cut this in with a pastry cutter or two knives until crumbly. Add in pecans if using.

Sprinkle this on top of the batter in pan.

Bake for 30 mins approx. golden brown, and toothpick comes out clean

**Variation:** use a lemon flavored cake mix, top with apple slices and a dusting of ground ginger before sprinkling with reserved mix.

### Pumpkin Desert

1 Pkg yellow/golden cake mix   1/2 C margarine   4 eggs

1 large can pumpkin (NOT pumpkin pie filling)

5 oz can evaporated milk (I use the "Silk" coffee cream)                      1 1/4 C sugar

2 tspns cinnamon           1/4 C chilled margarine   1 C chopped pecans

Oven 350 F. Grease a 9 x 13 cake pan or dish

Put 1 Cup of cake mix aside.

To the remaining mix, add 1 egg and 1/2 C margarine. Mix well and spread in the prepared pan.

Mix pumpkin, 1 C sugar, evaporated milk (or substitute), 3 eggs and cinnamon together.

Pour over prepared cake mix.

Mix the remaining cake mix with 1/4 C sugar, and the remaining margarine until crumbly.

Mix in pecans and sprinkle over the top of pan.

Bake for 35 – 45 mins approx. or until Knife comes out of centre clean.

This freezes well, except the topping becomes a bit soggy. Still tastes good!

Enjoy.

Carreen

# Camp Homewood Retreat

February 18th to 21st 2016

**February retreat dates are February 18<sup>th</sup> – 21<sup>st</sup>. There is still room available. Deposit of \$50. due upon registration.**

The cost per individual ranges from \$161. to \$201., depending on the room you choose. The starting range of \$161 is a bunk style dorm room which sleeps up to 7, however on average there are usually anywhere from 3 – 5 in these rooms. Individuals in these rooms have shared bathroom/shower facilities. There is a separate handicapped washroom available to any that may require ease of access to toilet or shower. There are also newer rooms available which sleep up to 3 and have their own washroom, including shower/tub. These rooms are either \$187 with 3 sharing the room or \$201 with only 2 sharing. All prices include 3 meals a day along with snacks in the evening consisting of cookies/squares, fruit, coffee, tea, and hot chocolate. The meals at Camp Homewood are excellent . . . and you will never walk away hungry!

If you have never been to a retreat at Camp Homewood we urge you to give it a try. It is a lot of fun and a great way to get to know your fellow quilters. Most quilters who have attended previous retreats become regulars. If you wish to sign-up or for further information please contact one of the retreat coordinators listed below.

We look forward to seeing some new members as well as all of our regulars.

Beverly Luck  
Terry Vadeboncoeur  
Sharron Woodland

### Refreshment Rota

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, then that is the month that you are responsible for bringing a snack to the business meeting in the evening.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless if it is your "turn" or not, you are more than welcome to do so!

Month	Surnames beginning with:
September	A, B
October	C, D, E
November	F, G
December	H, I, J.
January	K
February	L
March	M
April	N,O,P,Q, R
May	S
June	T, U, V, W, X, Y, Z

The Kitchen Cops

### Happy January Birthdays

Dobbs	Joyanne	1-7
Bainbridge	Ria	1-11
Davis	Janis	1-12
Watson	Connie	1-17
Castiglia	Sandra	1-20
Rodway	Marilyn	1-27
Meunier	Kathy	1-28

### LACE

"There was a bunch of lace in the free-table awhile ago; would the person that picked it up let me know if they would share some with me.

I need quite a bit approx.. 5 m.

Thank you!  
Barb Messer

### **Guild Member Personal Information**

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page (click the link on the left) and then to **Memberships** on our website [www.schoolhousequilters.com](http://www.schoolhousequilters.com) for the most up to date list of all email, address and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address. If your committee does not as yet have one or you are organizing a special event please email [webmaster@schoolhousequilters.com](mailto:webmaster@schoolhousequilters.com) and request one.

As a paid member you have received the login and password for this section. If you do not have access to a computer or printer please see Hope to request a paper copy of our newsletter. If paper copies of newsletters are not picked up 3 months in a row your name will be taken off the paper copy list. If you will be away, please arrange for another guild member to pick up your paper copy.

### **SUNSHINE**

If anyone knows a guild member who has been ill or has illness or a death in their family or who just needs to be cheered, please call:

**Trudy Thorne**

(phone number on membership list)

Or email:

[sunshine@schoolhousequilters.com](mailto:sunshine@schoolhousequilters.com)

so that a card may be sent

### **Guild Member Personal Information Changes**

**Please notify the Membership Committee of any changes to your email, phone number or address.**

**The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.**

**Keep your information up to date in order to receive email regarding guild events.**

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Comox Valley Schoolhouse Quilters' Guild

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## "Reminder to Members

Got something you would like to raise at an upcoming meeting? Please let me know by email no later than the day before the meeting so that we can allocate our time more efficiently in the business portion of our meetings.

This includes items to be addressed under Members' Announcements.

My email address is [secretary@schoolhousequilters.com](mailto:secretary@schoolhousequilters.com)

Patti (Secretary)



1930 Ryan Road East, Comox, BC V9M 4C9  
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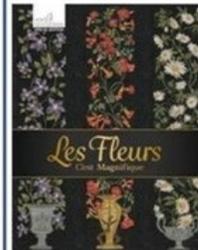
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Word Search Puzzle Bring to **February** Meeting

Tools, Fabric, Sewing Terms #2  
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s d e s e o t r s a p i  
o y i l n e v s b a r f  
e g e i v i o y a l a e  
y t i l i b a k c i w l  
o a e l m w t n i e e o  
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