



# Sew 'n' Tell

Comox Valley  
Schoolhouse Quilters' Guild  
[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

February 2017

Monthly newsletter of the Comox Valley Schoolhouse Quilters Guild • Box 1507 Comox, BC V9M 8A2

## President's Message

It is so good to be back! As much as I enjoyed my travels, it is so nice to sleep in my own bed. The first Thursday back at the hall, I was recipient to several warm, welcome back greetings and hugs. Who doesn't love a hug? Thanks for that! It reinforced my decision to return a little early. I can't believe how many friends I have made in the guild. I am excited at how many ladies are at the Hall on Thursdays lately---over 50 the past two weeks!

Here's a couple of fun facts about my adventure away:

- ◇ 28,146 kms driven (I mistakenly have been saying 27,000 kms.)
- ◇ 147 days away
- ◇ 9 Provinces and 19 US States visited or driven through
- ◇ 910 photos taken
- ◇ 33 rounds of golf played
- ◇ 15 quilt/fabric stores visited – that's one every 1875 kms

As I look through the fabrics, I purchased (most on sale from \$4-\$8 a yard) I envision a fussy cut wallet, a set of placemats, or simply a "stash builder". I have offered to make a set of placemats for my neighbour, in appreciation of her overseeing my place while I was gone. When I offered to buy more fabric to coordinate with what she had picked out of my

stash, she said "let's use some of the fabric that you will **never** get to in your lifetime".

At the general meeting in January, I was excited to see so many signing up for the workshops scheduled in the spring! I am excited to finally get to make the Roll Top Bag. I also signed up for the retreat at Camp Homewood in February. I have just begun planning what I shall make for my Small Worx challenge. I attended my first planning meeting for our "Empire Days" Quilt Show. Does it seem to you that I am in "withdrawal" after being away from my sewing machine for 5 months?

One of my favourite sayings is "so much to do (translation - sew), so little time". Enough of my babble.

**Attention** all current volunteers, current executive members, current committee chairs:

We are compiling a list of positions that will become vacant at the start of our next fiscal year – September 1, 2017. Pat McEwen is working as a "nominations committee". Please let Pat (or any executive member) know, if you intend to "retire" or need a rest or need some volunteer help within your committee.

Raelene Robertson and Pat McEwen

## Pistachio Dessert

Mary Ellen Hall

1 ½ cups flour      ¾ cup margarine

1 ½ tbsp. sugar      ¼ cup crushed walnuts or almonds or pecans or hazelnuts

Put in 9"x13" pan bake 15 minutes at 325F

### 2<sup>nd</sup> Layer:

Cream 8 oz. cream cheese

Add 2/3 cup icing sugar

1 small cool whip (whipped)

Spread over 1<sup>st</sup> layer

### 3<sup>rd</sup> Layer

2 packages pistachio instant pudding, Mary Ellen used lemon

2 ½ cups milk

Beat until thick, spread over 2<sup>nd</sup> layer.

Beat 1 pkg of dream whip and spread over the top.

Sprinkle with chopped walnuts (or nuts of choice)

Enjoy

## Comox Valley Schoolhouse Quilters' Guild

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

### 2015—2016 Executive & Committees

<b>Presidents:</b>	Raelene Robertson and Pat McEwen
<b>Past Presidents:</b>	Anne McCullough & Mary-Lou Morden, Carol Erskine
<b>Vice President:</b>	Janis Davis
<b>Secretary:</b>	Patti Kemp
<b>Treasurer:</b>	Sharon Latham
<b>Community Quilts:</b>	Coordinator—Nerissa Thomas
Lilli House	Verna Power
Breast Cancer & Teddies & Toddlers	Gladi Lyall
Placemats	Sharon Latham
St Joe's Babies	Joy Whitehouse
Seniors & Fire Quilts	Nerissa Thomas & Verna Power
Pregnancy Care Centre	Nerissa Thomas
HAW 2017	Mary Lou Morden
In-House Draw:	Brenda Levirs
Library:	Anne Taschereau Mamers
Membership:	Carreen Webber and Carol Metner
Newsletter:	Hope Rychkun
Newsletter Advertising:	Joan Johnsen
Programs:	Janis Davis
Refreshments:	Bonnie Linneker & the Kitchen Cops
Retreats:	Terry Vadeboncoeur, Beverly Luck, Sharron W.
Sunshine:	Trudy Thorne
Venue:	♦ Charles Dickens ♦ Nautical Days
Website:	Sam Crewe
Workshops:	Bonnie Smith, Eva Hansen & Lynda Reid
Word Puzzle:	Bev Michaluk

### From the Editor's Desk

#### Newsletter Advertising:

To advertise in the newsletter please contact Joan Johnsen for rates. Submit advertising by the **15th** of the month for inclusion in the next month.

[forjj1@shaw.ca](mailto:forjj1@shaw.ca)

#### Newsletter Deadline:

Please submit all entries for the newsletter by the **20th** of the month for inclusion in the next month's newsletter.

Submit articles to Hope (current editor) using the email:

[editor@schoolhousequilters.com](mailto:editor@schoolhousequilters.com)

#### Guild Meetings

Our guild meets every Thursday from 9:00am to 9:00pm for quilting at the Cumberland OAP Hall.

**General Meeting (September to June)** on the **1st** Thursday of each month at 6:30 pm

**Executive Meeting (September to June)** **3rd** Thursday of each month at 1:00pm

No meetings in July or August, just wonderful sewing days...

#### Our Website:

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)

#### Memberships

Don't forget to renew your membership. You need to be a paid member to enjoy the benefits of the guild...

# Camp Homewood Retreat – February 15 – 19<sup>th</sup>, 2017

Time is fast approaching for our next retreat at Camp Homewood. **There are still a few spots available for any of you who may be interested.** For those of you who have already registered full payment is due no later than the February business meeting. Please **confirm** any food allergies with one of us, even if you feel you have previously notified us.

**Please note** the times for both arrival and departure. Arrival time will be 1 pm on Wednesday. Please respect that time as there will be no early admittance, and we request that you do not unload prior to 1 pm. In order to gain the earlier admittance we have provided a trade-off with final departure time being 2:30 pm Sunday. It has also been requested that you vacate your rooms prior to lunch on Sunday so that the Camp Homewood staff can commence cleaning in those areas. Camp Homewood is able to accommodate our request for this early arrival due to the fact that they do not have another group departing on the Wednesday morning . . . it may, or may not be approved for future retreats.

We have a couple of activities arranged for this retreat, all of which are optional:

- ◆ Please remember to bring any items you wish to donate to our silent auction, along with cash or cheques to pay for any of your winning bids.
- ◆ Donations are collected for staff tips. Please bring cash along if you wish to contribute as the staff are very accommodating in assisting with unloading.
- ◆ We will be playing the LCR Dice game on both Thursday and Friday nights. If you wish to participate please bring along 3 – 2 ½`` strips the width of your fabric for each night (total of 6 strips for the two nights).
- ◆ Debbie Maxwell is also organizing a game with the LCR Dice using “junk food”. Bring along chocolate bars, chips, etc. for any games you want to play (also Thursday and Friday nights). All those that played this game at the last retreat will contest that fun was

*(Continued on page 5)*

*(Continued from page 4)*

had by all, even the spectators.

- ♦ Janis Davis has graciously offered to demo two small projects for all parties interested. They are the "Absolutely Obsessed Project Bag" and a "Needle Case". If you are interested please let us know so that Janis can prepare the correct number of instructions. These are both excellent little projects at very little expense. No cost to sign-up.

Sounds like a lot of fun and we look forward to seeing all of you at Camp Homewood. If you have questions concerning this or future retreats please do not hesitate to contact one of the retreat coordinators listed below.

Keep in mind our fall Camp Homewood retreat is scheduled for October 18-22nd, 2017

Beverly Luck  
Terry Vadeboncoeur  
Sharron Woodland

## The Famous Rhubarb Cake by Bonnie L

Combine & set aside	1 ½ cups rhubarb cut fine with ½ cup of sugar
Mix 1 ½ cups sugar	1 tsp cinnamon
½ cup veg oil	1 tsp vanilla
1 egg	2 cups flour
1 cup sour milk with 1 tsp baking soda	

Add the rhubarb mix & combine all

Bake 325 till done( I can't do it all for you!!) 9 X 13 pan

Meanwhile make the topping:

3 Tbsp butter	¼ cup milk
1 cup cocoanut	1 cup chopped nuts optional
2/3 cup B sugar	

Combine these ingredients & cook 2 – 3 minutes in micro.

Poke holes in top of cake while still warm. Enjoy.

## The also Famous Mango Salsa by Bonnie L

1 ½ cups chopped mangoes—fresh or frozen  
2/3 cup chopped red pepper  
1/3 cup chopped red onion  
1/4 cup (or to taste) hot pepper jelly  
2 Tbsp cilantro  
1 Tbsp lime juice

Combine all ingredients. Cover & refrig for at least 30 minutes.

Yield 2 ½ cups.

Enjoy with Scoops or tortilla chips. Also good with fish & chicken.

# 2017 QUILT SHOW UPDATE

The Quilt Show committee met on January 13<sup>th</sup>, and things are taking shape.

The poster design has been finalized and distribution of posters & handbills will begin in February.

Adrienne Elfstrom has been busy sending email information to the many Guilds in BC.

Thanks to all the members who have offered to volunteer.

Florence Labrecque will be organizing the volunteer sign-up sheets in March.

The excitement is building!

I know that some members have been working on quilts that they will be entering in the show.

It's not too late to get one started!

Thanks everyone, for your support.

We're going to have a great show!

Nerissa & Verna

## February Program

Older Quilts - Are they Heirloom Quilts? Vintage Quilts? or Good Old Quilts?

Come and see what we have to show you. See you there.

Janis Davis

### "Reminder to Members

Got something you would like to raise at an upcoming meeting? Please let me know by email no later than the day before the meeting so that we can allocate our time more efficiently in the business portion of our meetings. This includes items to be addressed under Members' Announcements.

My email address is [secretary@schoolhousequilters.com](mailto:secretary@schoolhousequilters.com)

Patti (Secretary)



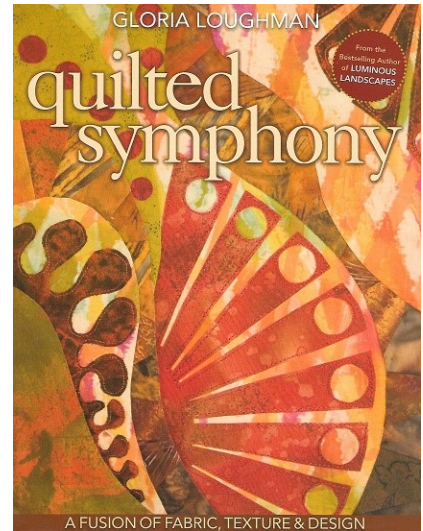
## Book Review!

Quilted Symphony: a Fusion of Fabric, Texture and Design

Gloria Loughman

C + T Publishing 2010

Guild Library #360



For quilters who are familiar with Gloria Loughman's work and her first book "Luminous Landscapes", her latest book "Quilted Symphony" is also a feast for the eyes.

"Quilted Symphony" begins with a very good grounding in the elements of design and use of color. With so many clearly illustrated examples and explanations, it is easy to understand design principles. Using a lot of her own work as examples, the information is interesting - certainly not a boring read! Use of color is also approached in a manner which is easy to grasp. Again, the author uses some of her own work to illustrate color schemes. Gloria now leans to more abstract quilts rather than her previous landscapes. Although this may not be to everyone's taste, the information presented is useful for any style of quilt.

Construction of her quilts is interesting. Gloria makes individual segments, then appliques them together on tearaway stabilizer. This method allows for intricate stitched embellishments while the segments are still small and manageable. She uses a lot of complex designs when doing fusible applique, but also gives us another take on her signature 'mosaics' which now become 'tiles' on a background.

The section on painting fabric also deals with sun printing and creating textured fabrics. The 'stitching' chapter is a wealth of information from the basics of the perfect satin stitch to free motion stitching and embellishing with threads. The

*(Continued on page 10)*

*(Continued from page 9)*

'Borders, quilting and bindings' chapter provides valuable information. We are shown how to create that very narrow inner border, much like a double matted framed picture. Examples of quilts using a variety of bindings introduces us to new possibilities.

The book finishes with a student gallery, then four projects. The projects are all abstract but varied, using techniques covered in the book. Full size patterns are included for all projects and the instructions are well illustrated with photographs.

Gloria Loughman has gone off on a different direction from her landscapes, but has written a quilting book with a lot of inspiring ideas which could be applied to our own quilts. In-depth information on design and color is very comprehensive, especially when her own photos and quilts are included. This book is a good 'read' as well as being informative and 'a feast for the eyes'. Enjoy!

Lois Warner

## Gladi & Leslie's Quilt

### Canadian Quilters' Association Facebook photo 1 Dec. 2016.

Another finished quilt from Comox, BC for the Big Quilt Bee! Thank you Gladi for the top and Leslie for quilting it! Are you working on your blocks and tops and Quilts? We need to reach 1,000 quilt for kids in care at Ronald McDonald Houses and need your help! <http://bit.ly/2c0igoC>



## MARCH 2017 WORKSHOP NEWS

### MARCH 2017 WORKSHOP NEWS

WOW! All of the Spring 2017 are filling up so quickly!

**Mystery Quilt with Janis Davis**

March 11<sup>th</sup>, 2017 - \$32.00

**Bargello with Raelene Robertson**

March 25<sup>th</sup>, 2017 - \$32.00

This is a great bargello class for those new to the bargello technique. The project for this class is not done in conventional bargello way – there is no seam matching! For those attending this class, there will be a prep session before the class to discuss fabric choices and the size you will be making.

**Roll Top Bag with Joan Johnsen –**

April 22, 2017 - \$32.00

**Beginner Machine Applique with Jan Hill**

May 27<sup>th</sup>, 2017 - \$32.00

This is a class for beginners to machine applique.

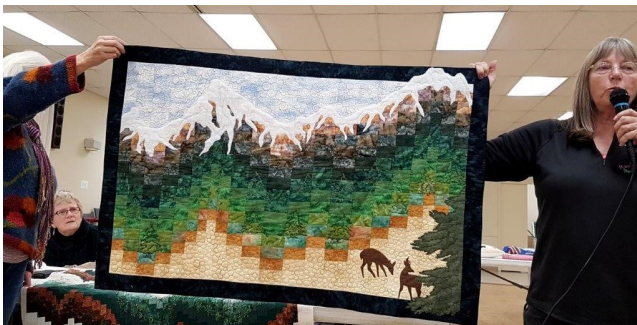
In the morning, Jan will talk about products and techniques and give you helpful hints. You'll get a chance to test fusibles and machine stitches and in the afternoon you will work on a project of your own.

Remember, we're always open to hearing your suggestions for classes and teachers you would like to have.

Thanks for supporting guild workshops! Your enthusiasm is making our jobs a lot of fun and very rewarding!

Your workshop committee,  
Eva Hansen, Lynda Reid, Bonnie Smith

# Show n Tell January 2017



Comox Valley Schoolhouse Quilters' Guild

[www.schoolhousequilters.com](http://www.schoolhousequilters.com)



### Refreshment Rota

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, then that is the month that you are responsible for bringing a snack to the business meeting in the evening.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless if it is your "turn" or not, you are more than welcome to do so!

Month	Surnames beginning with:
September	A, B
October	C, D, E
November	F, G
December	H, I, J.
January	K
February	L
March	M
April	N, O, P, Q, R
May	S
June	T, U, V, W, X, Y, Z

### The Kitchen Cops

### Happy February Birthdays

Chipperfield	Gail	2-3
Fentiman	Joan	2-6
Walters	Edith	2-10
Longland	Sandra	2-15
McAllister	Liz	2-21
Picot	Claudette	2-22
Michaluk	Bev	2-23
Brydges	Henny	2-25
vanBoeschoten	Liz	2-25

To all the members who have Sew Eze tables & Accessories or would like to purchase one.  
 Ian in Whitehorse is no longer the distributor.  
 The new distributor is "Along Came Quilting" in Calgary.

Comox Valley Schoolhouse Quilters' Guild

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### **Guild Member Personal Information**

If you need to contact any of our guild members, executive or committee members please go to the **Members Only** page and then to **Memberships** on our website for the most up to date list of all email, addresses and phone numbers of current guild members. Remember you will need to be a paid member to get the userid and password to enter this area.

To protect the privacy of our guild members' personal phone numbers or email addresses will not be published in the newsletter unless specifically requested by the committee member. Most committees have a guild email address that is redirected to their personal address.

If your committee does not as yet have one or you are organizing a special event please send an email to our webmaster using [webmaster@schoolhousequilters.com](mailto:webmaster@schoolhousequilters.com) to request one.

As a paid member you have received the login and password for this section. If you do not have access to a computer or printer please see Hope to request a paper copy of our newsletter. If paper copies of newsletters are not picked up 3 months in a row your name will be taken off the paper copy list. If you will be away, please arrange for another guild member to pick up your paper copy.

### **SUNSHINE**

If anyone knows a guild member who has been ill or has illness or a death in their family or who just needs to be cheered, please call:

**Trudy Thorne**  
(phone number on membership list)

Or email:

[sunshine@schoolhousequilters.com](mailto:sunshine@schoolhousequilters.com)

so that a card may be sent

### **Personal Information Changes**

**Please notify the Membership Committee of any changes to your email, phone number or address.**

**The Membership Committee will then pass this information on to those who need the information to update email lists, and membership files.**

**Keep your information up to date in order to receive email regarding guild events.**

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## BERNINA 770 QE - A lot of space for big art work

For American quilt artist Tula Pink, the BERNINA 770 QE is something very special: "Next to my passion for my designs, I'm equally passionate about BERNINA. The BERNINA 770 QE gives me the space I need for quilting, plus the Stitch Regulator can't be beat for even stitches." Tula Pink plays with images the way a poet plays with words, turning innocuous traditional designs into mischievous little critters.

Tula's love affair with textiles began early and an obsession with sewing soon followed. Tula began quilting in an effort to use up her ever-growing stash of fabric so that she could justify buying more. Today, 16 years later, she is a renowned designer and quilter. Tula Pink has designed a quilt from her "Moonshine" fabric collection exclusively for BERNINA.



### Store hours:

Monday-Friday 10am-5pm

Saturday 10am-4:30pm

Sunday Noon-4pm

Closed Holiday



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**Kismet Quilts**

With the official wrap-up of the 2015-2016 quilting season on August 31, we'd like to congratulate everyone on their beautiful creations from the past year. Well done.

But we can't dwell on the past forever, so...

Welcome everybody to the official start of the 2016-2017 quilting season, kicking off September 1.

It looks to be a very exciting year, and we can't wait to show you what's in store. (So to speak.) Good luck, everybody!

To complain about the quality of this ad, forward your concerns to [busyad@gmail.com](mailto:busyad@gmail.com)



[www.kismetquilts.com](http://www.kismetquilts.com)

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## **BIB n' TUCKER QUILTING**

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# Word Search Puzzle Bring to **March** Meeting

## Junk Food

Beverly Michaluk

Z Z E W N  
M K T C T V D K  
P K A V A S O R  
N M K P F N O N Q  
S F I I F X D M U E  
L S R X I W Y C O T K P Q F  
N S S O C A T S Q H G S F N M S A Z X X  
R M E G J A U U W H Q W C R M A I C L G O  
Z O C K A H Q S B P O P I L L O L C H I P S  
T C Q A Q H M U S Q P R A D O S S L T D Z Q  
G P O C X H E R S H E Y S P Y Z D T N L S F  
K O M P Q F M S Z S E I K O O C E N Y O P D  
P B U P N U V T W I X W A F R E J R A L  
P C G O X H E H  
T X O B

CAKE  
CUPCAKES  
LOLLIPOP  
SODA  
TWIX

CANDY  
DONUTS  
MOMOS  
SUBS

CHIPS  
FROSTY  
OREO  
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HERSHEYS  
POPCORN  
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