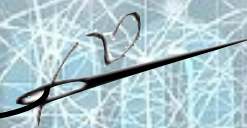




Sew 'n' Tell

January 2020



Comox Valley Schoolhouse Quilters Guild, P. O. Box 1031, Cumberland, BC V0R 1S0
www.schoolhousequilters.com

President: Diane Cave • Vice-President: Debbie Maxwell
Secretary: Beth Ritchie • Treasurer: Colleen Love • Past President: Jan Hill

President's Message

Happy New Year and welcome back everyone, for another productive year.

I realized the other day that my "to do" list is so long that I don't need to worry about my New Year's Resolution, so that makes me feel much better.

I want to thank everyone who volunteered to head a committee for the 2020 quilt show. I'm very grateful. I'm sure we'll have some ups and downs along the way, but in the end we'll all be very proud of the hard work we've done.

Again, welcome back!

Diane Cave



It was 11° when we got into the Hall on Thursday. It had warmed up to 13° by the time I took the photo. Diehard quilters with coats, mitts & hats.

Submitted by Barb Messer

Our Next Meeting ...

Thurs., January 2nd, 2020, at 6:30 pm

Don't forget:

- your name tag.
- your mug.
- library books for return.
- to turn off your cell phone.
- to bring your show 'n' tell project.

Executive meetings are the 3rd Thursday of every month



Birthdays in January

- 1st Daniele White
- 4th Tracy Richard
- 8th Janet Goodacre & Julie Watkins
- 12th Janis Davis
- 16th Monica Donnelly & Wendy Dowe
- 17th Connie Watson
- 19th Samantha Davies & Therese Schwab
- 20th Sandra Castiglia
- 28th Kathy Meunier



SAVE THE DATES!

There will be 2 more extra sewing days this coming year:

- January 15th, 2020
- March 18th, 2020

REFRESHMENTS

Many thanks from the refreshment committee for all of your delicious contributions over the year.

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, that is the month that you are responsible for bringing a snack to the business meeting on the first Thursday of the month.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless of whether it is your turn or not, you are more than welcome to do so!





Christmas Party 2019





If you know of someone who might need a bit of cheer, please let Florence know:

sunshine@schoolhousequilters.com

BIB n' TUCKER QUILTING

Beat the January Blues
Closed January 1st

All predominately blue prints
 All white/ecru tone on tones

20% - 30% of 2 metres or more
 (same bolt)
 1/2 metre minimum cuts

January 2 - 15th, Extra 5% end of bolt

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Member Advertisements

I'm making this announcement with a heavy heart..



As much as I love sewing, machine embroidery and everything that comes with it, it is taking up too much of my time. I am struggling to keep up with the everyday basics of looking after a house, cleaning and cooking and maintaining my home, so something has to give. I will be getting rid of my collection.

Below is a list of what's available and it's all 100% top quality. Serious inquiries only, and please don't insult me with low offers.

Thanks for reading and understanding...

1. Dustpan and broom
2. Sponges
3. Toilet spray
4. Mop and bucket
5. Window cleaner
6. Vacuum
7. Dishwashing liquid
8. Laundry detergent
9. Fabric softener
10. Laundry baskets
11. Toilet brush
12. Cleaning sprays

Cash only.

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\$350
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The machine has seen very little use and comes with the original accessories.



For information, please contact:
Judy Morrison
250-890-1053
morrison.judy@gmail.com



PROGRAM

JANUARY MEETING

Terryl Essery and Joan Johnson will be sharing their knowledge and expertise on bag making at our meeting on January 2nd.

Happy Holidays everyone!

Submitted by Sandra & Marilyn



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Door prizes!

Sign up for classes!

Fri Jan 17 & Sat Jan 18



The Year of the Metal Rat

Wishing every day of the new year to be filled with success, happiness and prosperity for you.

BOOK REVIEW by Lois Warner

Machine Quilting in Sections

Marti Michell

Published by From Marti Michell (2004)

Quilt Guild library #406

Have you ever been frustrated by the thought of machine quilting your queen sized project, and consequently taken the easier method of paying to have it quilted? Read on - here you may find the solution to your dilemma.

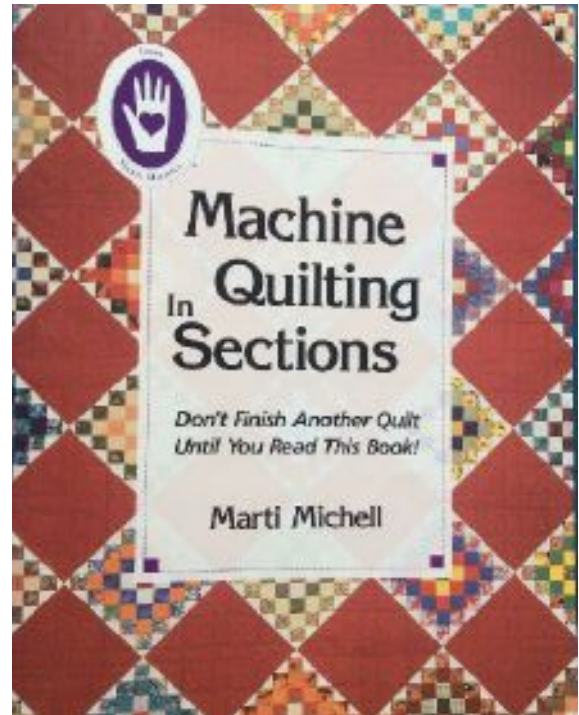
Marti Michell has embraced the concept of machine quilting in sections since the mid 1970's. In this self-published book, she shares her favourite techniques. Remember, a big project is always easier to complete when broken down into smaller portions!

Marti begins by demonstrating three methods of adding borders after the centre of the quilt has been quilted. 'Flip and stitch' does two jobs at once with the border added and quilted at the same time. Chapter 2 deals with reducing a third of the bulk of the batting as you quilt the centre of the quilt. She removes 1/3 of the batting from each side of the centre and reattaches it with strips of light weight fusible interfacing or hand stitching, then quilts that side before doing the same with the other 1/3 of the quilt. This eliminates much of the bulk when machine quilting and because it is the batting which has been cut and then restitched together, nothing shows on the outside. This book was published in 2004 before the advent of rolls of lightweight fusible interfacing used to join sections of batting. Now it is so easy to rejoin the sections before carrying on with the quilting process.

Quilting big quilts in small sections is the topic of Chapter 3. How do you join those sections together so the quilt does not appear to have been quilted in sections? Six solutions are shown. One or two are likely familiar if you have made one of Sharon Pederson's reversible quilts. Marti presents twelve 'case studies' to demonstrate how each quilt was divided into sections, quilted, then assembled and finished. Surprisingly, the last quilt, "Rose Wreath Appliqué", was assembled in this manner around 1865 - 1870!

Next you'll find four quilt patterns, complete with templates and clear instructions for assembly of the sections, after quilting. Marti leaves no stone unturned as she follows up with her 'Rules for Machine Quilting'. Not surprisingly, she focuses on ergonomics. Her book is devoted to making the quilting of large quilts easier, so it is fitting that she ends the book with suggestions to make your body more comfortable when working.

This book is well worth looking through. The directions are clear, as are all the photographs. Perhaps it will save you money and hard labour at the same time!



WORKSHOP NEWS

Feather Play: Fun with Feathers with Vicki Dods

Saturday, March 21, 2020, 10 am - 4 pm

\$40

This workshop is now full. We have started a waiting list.

Feather Play is the theme of the day. Learn various methods to create feather motifs. Explore all-over designs, fillers, border patterns, and curved spines. This class would suit those who have some experience with free-motion work. The supply list gives instructions for quilt sandwich practice pieces you will use on the day.

Can you help? There are two workshops scheduled this spring with instructors from out of town: Eileen Neill on April 25th and Catherine Nicholls on May 1st and 2nd. Could any members offer a billet for these instructors? If you think you can help with this, please contact Clare or Diane.

Beading with Eileen Neill

Saturday, April 25th, 2020, 10 am - 4 pm

Approximately \$60

Sign up for this workshop will commence in January. We will post information about the content of the workshop, supply list and other details shortly.



Pacific Northwest Bird with Catherine Nicholls

Friday & Saturday, May 1st & 2nd, 2020
Approximately \$100

Catherine's inspiration comes from creation stories featuring Raven, and the wisdom of owls. She takes a look at Pacific Northwest symbols, art forms and legends to integrate the stories into the project, using piecing, bonded applique, pointillism and free motion quilting.

REGISTER FOR CLASSES most Thursdays and on meeting nights 5:30 p.m. – 6:15 p.m.

If a class is full, we'll be happy to add you to the waiting list. We often have last minute cancellations that we need to fill from the waiting list.

Information on classes, supply lists, etc. is on the guild website under Workshops.

<http://www.schoolhousequilters.com/workshops.html>

Please check your calendars before you register for any classes to ensure that the date of the workshop is good for you. The workshop cancellation policy is under the workshop tab on the guild website. We're always open to answering questions and hearing your suggestions for workshops.

Clare Ireson, Diane Davies and Daniele White
Your Workshop Committee



News Flash!!!

You know, she told me not to bother with her email address because she likes doing things the old fashioned way.

And it seems all of you do too! There has not been one question sent to Miss Fussy Cut's email address, so she's told me to 'shut 'er down!'

Of course, you can still write out your question and place it in the jar on the library shelves.

Dear Miss Fussycut,

Gwen and I have been friends since we were kids, even though we're as different as we can be. Truth to tell, she can sometimes be a bit pretentious. For example, I once introduced her to a neighbour we ran into while strolling through the Filberg. "Fran," I said, "this is my good friend Gwen."

"Actually, Fran," said Gwen, "it's Gwendolen, *d-o-l-e-n*, the traditional Welsh spelling of the name."

"How nice to meet you," replied Fran, "Sorry, I gotta run!"

But Gwen has a good heart, so when she asked me to accompany her to her granddaughter's ballet recital, I remembered how Gwen had slapped a smile on her face and sat through the entire monster truck competition my oldest son was in. I agreed to go.

Don't get me wrong, I love dancing. A few beers and slapping leather to a sad country song is a fun evening. I love a good Macarena, and the chicken dance gets my heart racing! But ballet? Not so much! I had a double shot of espresso and dropped an extra Red Bull in my purse before she picked me up.

Gwen didn't disappoint. Halfway through, she nudged me (I don't think I was snoring, but can't be sure) and said, "Aubrey is soloing in this next one. She's developed such control *en pointe*."

"What's on pwant?" I asked.

"*En pointe*? It's French. You know — on point — when the ballerina dances on the tips of her toes."

"Oh yes," I said, suppressing a substantial gas attack from the emergency Coca Cola I'd inhaled

And that's when I thought of my question for you Miss Fussycut.

When I put my blocks "on point" in a quilt, how do I figure out what size to cut the triangles for the ends of the rows and in the corners?

Worrying about this kept me,

Wide-eyed until the end of the performance.

Dear Wide Eyes,

Well, if you thought that ballet was confusing, let's skip French and get right to the point....you will need to do a little math.

We will need triangles! Then, we will need to calculate the square size and cut HST and QST.

But no worries - there are formulas.

Corner triangles will require 4 HST (half square triangles) which are 2 squares cut diagonally.

Divide the finished block size by 1.414 and add .875 (7/8") for seam allowance. Then you can round up to the nearest 1/8". Then give it a diagonal cut and you have two corners already done. Luckily, there are only four corners per quilt so you will only require 2 squares!

Side triangles...no worries, just twice the cutting and calculating!

Take the finished size of the block and multiply by 1.414 and add 1.25 (1 1/4") for seam allowances, rounding up to the nearest 1/8". Now cut your square diagonally twice and the long sides of the set-in triangles will be on the outside edge and you will not have any growing bias edges.

And remember to be gentle with your angles and triangles due to the bias edges which will stretch when you're not looking.

*Staying on Point,
Miss Fussy Cut*

Dear Miss Fussycut,

We have new neighbours beside us. They just moved in last month and we couldn't be happier! We've hit it off right from the start. Great friends!

Anyway, the weather last week was absolutely perfect. Not too hot. I decided to haul my stuff outside to the covered patio and do some quilting. As I was setting up, Claudia called over asking what I was up to. "I think I'll piece some quilt blocks outside today, there's no breeze." (I'd learned that one the hard way. NEVER try to piece 4 1/2 inch sawtooth stars in the wind! I'm just sayin'!)

"You know, I've always been kind of interested in quilting," she said.

"Well, come on over," I said, "I'll make some iced coffee and I'll show you what I'm doing."

So, twenty minutes later we were sitting on the patio having a good time and Claudia asked me what I was working on. I showed her the pattern, a pretty intricate combination of star blocks that wound up making sort of abstract blocks of colour. "Oh my," she said, "I didn't realize it was so hard."

"Well you don't start with this kind of thing," I assured her, and told her how I got started with a rail fence and I ran in and got it to show her my first quilt.

"Wow," she said, "and you quilted it by hand I bet!"

That led to a discussion about framing squares with strips, adding stars in the lattice, star quilts, appliqué and drunkard's paths. Each time she'd ask a question I'd say, "I'll show you!" and I'd run in to the house and bring out another pile of quilt tops.

Well, 3 hours later, Claudia freaked out because her sister-in-law and husband were coming over for dinner and she wasn't ready. We said a hasty

goodbye, and when she'd gone I went back out to the patio, looked at the piles of unfinished quilts lying around and thought, "Holy..."

Well, never mind what I thought! It's not really suitable for polite company! But, I realized I was in trouble! The thing is, I've just never really gotten started on machine quilting. I just don't know if I can do it. I've been to shows where they demo those long arms and mid arms, and I just can't afford them. I also watched a lady demo those fancy rulers on one of those new regular machines that are about the size of a Smart Car, but I'm just not into it.

I can't afford that stuff anyway, I have to save up to buy batting!

So Miss Fussy Cut, what advice do you have that will help my faithful Kenmore and I get on with machine quilting? Any way to make it easier?

Waiting hopefully for your answer, I remain,
Knee deep in flimsies!

Dearest Knee deep in Flimsies,

I have to say I am just flabbergasted every time I hear from a quilter so excited to share how easy it was to get started quilting, and now having to tell them not to be intimidated by the work of someone who is an advanced quilter. There are very few who start off with totally successful skills.

I say listen to your own words that you just gave Claudia! Get that Kenmore fired up, add on a walking foot and start by quilting one of your simpler flimsies! You know full well that you will not get any better just by looking at more quilts. You've got to practice! And, trying to compare your early success with a quilt done by professional long armer could be a bit discouraging as well.

Start off slowly and keep your pattern simple the same way you did when your first started hand quilting. Or, you may want to start by dropping those feed dogs and give free motion quilting a whirl! Once again, the key is to stay relaxed and take it easy.

Remember your first 1/4 " seam allowances? I bet the ones you do now are all perfect and straight. The same will happen with practice on your flimsies; they will become beautiful and treasured "QUILTS".

Remember, we all know there is a lot more love and warmth from a finished quilt than a dozen flimsies. I once saw a quilting pattern book called, "It's Not A Quilt Until It's Quilted." I've never forgotten that.

You know, another upside to machine quilting is that you can do it outside, even in a little breeze!

You may be knee deep in flimsies now, but before you know it, you will be waist deep in quilts!!!


Happy Quilting,
Miss Fussy Cut

BEGINNER QUILTING - SHOULD YOU PREWASH YOUR FABRIC?



https://www.youtube.com/watch?v=7f0HCDygUeI&feature=youtu.be&fbclid=IwAR0-oiQY-xm3GoUBMNBa401byZdJA2tce4526bqh7v0u7_k7hUGp9YaCbfA

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Special offer 12/18 through 1/12/20 on participating BERNINA US Models. Coupon applies to the purchase of BERNINA Presser Feet and Embroidery Hoops. This coupon is not valid on purchases of BERNINA Sewing Machines. Excludes other promotional offers and is not valid on purchases made with any other offers or coupons. Subject to restrictions on use. Limit one (1) coupon per customer. ©2019 BERNINA AG. All rights reserved.

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STORE HOURS

Monday-Friday 10:00am-5:00pm
Saturday 10:00am-4:30pm
Sunday Noon-4:00pm

Christmas Hours

Tuesday, December 24/19 CHRISTMAS EVE: **10am-3pm**
Wednesday, December 25/19 CHRISTMAS DAY: **CLOSED**
Thursday, December 26/19: **CLOSED**
Friday, December 27/19: **CLOSED**
Saturday, December 28/19: **OPEN 10am-4:30pm**
Sunday, December 29/19: **OPEN 12pm-4pm**
Monday, December 30/19: **OPEN 10am-5pm**
Tuesday, December 31/19 NEW YEAR'S EVE: **OPEN 10am-3pm**
Wednesday, January 1/20 NEW YEAR'S DAY: **CLOSED**
Thursday, January 2/20 Normal hours resume

CAMP HOMEWOOD RETREAT

**Sign up now for our next retreat
scheduled for February 12th – 16th, 2020.**

This will be a **four** day retreat which provides us with lots of valued time for sewing and socializing. It **will run from 11 am Wednesday to 11 am Sunday**. Sign up will start at the December business meeting. If you do not feel you can attend for a full four days, please do not let that deter you from registering as it is a possibility for some of you to attend for three days only.

The cost per person for the **four** days will range from \$278 to \$362, depending on the room you choose. The starting price of \$278 includes the three non-updated private rooms in the guesthouse, as well as bunk style dorm rooms in the main lodge which sleep up to seven people. However, on average there are usually anywhere from 2 to 5 in these rooms. Individuals in these rooms have shared bathroom/shower facilities. There is a separate handicapped washroom available to anyone who may require ease of access to the toilet or shower. There are also newer rooms available which sleep up to 3 and have their own washroom, including shower and tub. These rooms are either \$306 with 3 sharing the room, or \$320 with only 2 sharing.

All prices include 3 meals a day along with snacks consisting of cookies or squares, fruit, coffee, tea, and hot chocolate in the evening. The meals at Camp Homewood are excellent so you will never walk away hungry!

If you have never been to a retreat at Camp Homewood, we urge you to give it a try. It is a lot of fun and a great way to get to know your fellow quilters. Over the past couple of years we have seen a number of quilters who have attended retreat for the first time, and we continue to see more of them becoming regulars.

If you wish to sign-up or need further information please contact one of the retreat coordinators listed below. Our contact details can be located on the guild website under "retreats" or by viewing the membership list.

For those of you who plan ahead, the 2020 fall retreat is scheduled for October 14th – 18th, 2020.

We look forward to seeing some new members as well as all of our regulars at one of the upcoming retreats.

Beverly Luck
Terry Vadeboncoeur
Janis Davis

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*The last
Show and Tell
of the decade
December 2019*







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*How many of you have projects that you started in the
last decade
and will finish in the new decade?*



Guest Speaker

Katie Pasquini Masopust



Eighty plus members and 21 non member guests enjoyed an educational, enlightening, and entertaining evening with Katie Pasquini Masopust on November 15th. During the first hour Katie treated us to a talk and slide show of work from her quilt artist friends and colleagues. She showed us examples of their work and discussed their processes and inspirations. After a pleasant social and refreshment break, Katie reviewed her own work with PowerPoint slides and a trunk of many quilts she brought with her.

Submitted by Lynda Reid





Guest Speaker
Katie Pasquini Masopust



LIBRARY NEWS

We have two new books by Katie Pasquini Masopust.

Fractured Landscapes Quilts



Artful Log Cabin Quilts



SIGNING OUT BOOKS
If you are unsure about how to borrow books from the library, the instructions are taped to the inside of the library cupboards, and listed in September's newsletter. Or ask any member of the library committee for assistance.

We just checked...
...and it turns out it is perfectly normal to have several ongoing crafting projects. In fact, the average number of projects in progress is 18 and the average time of completion is 27 years. So if you are coming in under that you're good!

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Hours: Mon.-Sat. 9:30-5:30, Sun. 12-4
Closed Holidays See our newsletters and website for dates.

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Husqvarna BERNINA made to create Handi Quilter JANOME

SUBMISSIONS TO THE NEWSLETTER

Submissions are **due the 15th of the month prior to publication.** Late submissions will be filed for insertion in the following issue.

Please send to:

editor@schoolhousequilters.com

Newsletter Advertising

Please contact Sandy MacDonell for rates:

nlads@schoolhousequilters.com

Submit advertising by the 15th of the month for the following month:

editor@schoolhousequilters.com

Please ensure that any info you send is not under copyright....unless it's YOUR copyright, of course!

For many of the things you find on the internet, it's difficult to find the original source.

If you are submitting something regularly to the newsletter, please send a new file of exactly what you would like to have in your section by the due

MEMBERSHIP DUES!

The executive reviews the membership fee on an annual basis, depending on the rent charged per annum from September 1 to August 31 of the following year.

The fee for the current year is \$60.00. For a new member the fee is due when joining.

Renewal membership fees are due at the September general meeting. If a member joins the Guild in May, June, July or August, the fee is applied to the next full year. **If you can't attend the September meeting, here's how to pay your renewal:**

- Write a cheque to Schoolhouse Quilters Guild for \$60.00
- Mail it to: Comox Valley Schoolhouse Quilters Guild, P. O. Box 1031, Cumberland, BC V0R 1S0
- Your receipt & sticker can be picked up from 5 pm until the meeting begins and during the break on meeting nights.



Thank you to

- Ardythe, Nerissa, and Hope, for proofreading.
- Barb, our photographer for taking so many great photos of what's going on!
- Miss Fussy Cut for her sense of humour and hard work answering all the questions!
- those who have suggestions that can be used to improve the newsletter.
- all who take the time to read all or part of the newsletter, and to look at all the pictures of what's going on!
- all those who got their info in to me by the 15th so the newsletter can be put together in a timely manner.
- members who submit interesting items for the newsletter.
- our advertisers for supporting our guild.

Member Advertisements

Members of the guild may submit a classified ad related to sewing & quilting items up to 3 times per year. Ads will be published as space permits.

Include: **up to 30 word description**, price, and contact info. One picture may also be included.

Send your ad to:

editor@schoolhousequilters.com

2019-2020 Committees	
Community Quilts	Coordinator – Nerissa Thomas
Lilli House	Barb Bocking
Breast Cancer	Myra Shearer
Placemats	Sharon Hansen, Lois Jones, Susan Richert,
N. Island Health Newborns	Joy Whitehouse
Seniors & Fire Quilts	Verna Power, Nerissa Thomas
Vanier Teddies & Toddlers	Gladi Lyall, Carreen Webber
Pregnancy Care Centre & Quilts of Valour	Nerissa Thomas
Hall Open & Close	Carol Metner, Judy Morrison & their teams
HAW	Hope Rychkun
In-House Draw	Brenda Levirs
Library	Anne Taschereau Mamers, Myra Shearer, Margaret Yells, Shirley Krotz, Carol Metner
Membership	Terryl Essery , Carol Metner
Newsletter Advertising	Sandy MacDonell
Newsletter Editor	Eva Hansen
Photography	Barb Messer
Programs	Sandra Castiglia, Marilyn Schick
Refreshments	Mary Ellen Hall, Peggy Hawkins, Michelle Lampron
Retreats	Janis Davis , Beverly Luck, Terry Vadeboncoeur
Sunshine	Florence Labrecque
Venue	Jan Hill, Anne McCullough
Website	Sam Crewe
Workshops	Clare Ireson, Daniele White, Diane Davies
Word Puzzle	Bev Michaluk

General Meeting Reminders

We meet the first Thursday of each month from September until June at 6:30 pm in the OAP Hall in Cumberland.

- Bring your coffee mug.
- Turn off your cell phones before the meeting.
- Remember that we are a scent free meeting.
- Keep aisle ways clear of tables & chairs so others don't trip.

Do you have something you would like to raise at an upcoming meeting?

Please let Beth, our secretary, know by email no later than the day before the meeting so she can put you on the agenda. This includes items under Members' Announcements. We like to run our meetings as efficiently as possible.

secretary@schoolhousequilters.com

Guild Sewing Days

Members are encouraged to attend sewing days each Thursday from 9 am until 9 pm at the OAP Hall in Cumberland.

Need to contact a guild member, committee or executive member?

Members can access information about other members using the user id and password given when membership fees are paid. Member contact information is available in the members only section on the guild website.

If your committee does not have a guild email address, or if you are organizing a special event for the guild, please request one from our webmaster at webmaster@schoolhousequilters.com

Personal Information Changes

Please notify the membership committee of any changes to your email, phone number or address so you will continue to receive email regarding guild events and your newsletter.

VALENTINE 'S DAY

BY BEVERLY MICHALUK
BRING TO FEB. BUSINESS MEETING



s	c	f	a	w	w	s	t	r	a	e	h	c
e	t	a	l	o	c	o	h	c	n	l	u	p
s	o	c	r	o	w	c	u	i	c	d	g	i
o	s	r	e	d	w	p	m	a	s	d	l	n
r	a	i	f	r	i	e	n	d	s	u	o	k
e	r	a	k	d	b	d	r	o	o	c	v	o
s	f	e	h	l	y	p	r	s	w	e	e	t

ARROW

CUPID

LOVE

BE MINE

FLOWERS

PINK

CANDY

FRIENDS

RED

CARD

HEARTS

ROSES

CHOCOLATE

HUG

SWEET

CUDDLE

KISS