

November 2018



Sew 'n' Tell



Comox Valley Schoolhouse Quilters Guild, P. O. Box 1031, Cumberland, BC V0R 1S0
www.schoolhousequilters.com

President: Jan Hill • Vice-President: Shirley Krotz
Secretary: Myra Shearer • Treasurer: Colleen Love • Past President: Janis Davis

President's Message - November 2018

I've been trying to think of something good to say about November. November means rain, the possibility of snow on the mountain, putting my cropped pants away and having to start wearing socks again. On the plus side, it means there is no longer a rational reason not to spend even more hours at my machine, working through the list I made last summer, and the other one I've started since then. Poor me, eh?

But the other thing about November is Remembrance Day. I remember the school assemblies we had, and having to recite "In Flanders Fields" during the assembly when I was twelve. I didn't get it then—how many twelve year olds do? Once I did, though, I knew that we weren't "lucky" to live in this country, in this world of freedom and possibility. It isn't luck, but the sacrificed youth, innocence and lives of men and women who have fought for us over the years so we can live the way we do. I'm willing to bet there aren't many of us who don't have at least one family member who has. So on Remembrance Day I'll wear my poppy and make the time to be grateful to Peter's and my parents, his uncles, our nephew and all those others who didn't know us but who fought for us anyway.

Jan Hill

Welcome New Members...

we look forward to seeing you at upcoming sewing Thursdays and other guild events

Mark Your Calendars

Extra Quilting Day

Wednesday, November 21,

Our Next Meeting ...

Thursday, November 1st, 6:30 pm

Don't forget:

- your mug
- library books for return
- to turn off your cell phone
- to bring your show 'n' tell project!

Next Executive Meeting

Thursday, November 15th, 1 pm

UPCOMING PROGRAMS



November 1st Karen & Brenda Caswell Sibling Reverie

“Reverie is defined as a state of being pleasantly lost in one's thoughts or imaginings - a state that we find ourselves in when we take time to play and create. Following in our grandmother's and mother's footsteps, we both enjoy exploring new surface design techniques and constructing textile art. Our trunk show will showcase pieces that we have created over the last several decades.”



Coming up in December:

Shipwrecked Bead Shop

If anyone has a project with beading and would like to bring it, please do. This would be for a display only.

‘Disappearing’ in September





Thank you to our members Carol, Diane and Janis for demonstrating disappearing blocks at our October meeting!



SCISSOR SHARPENING January 24th 2019 - 9 am

Mobile Sharpening Van

Thursday Sewing Day
at the OAP Hall

Bring your scissors to be sharpened.

\$2.00 per inch from the pivot point to the tip
Sign up with Carol Metner

If time allows, knives can be done too!

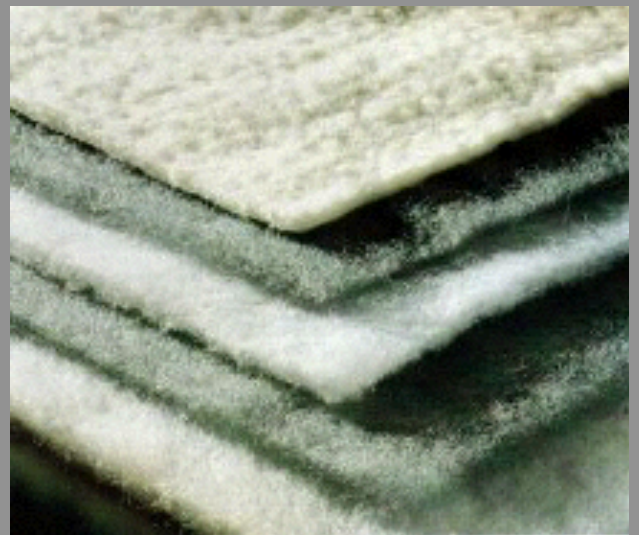
Breast Cancer Comfort Bags

Every year the guild donates about 60 breast cancer comfort bags and pillows to our local hospital.



The bags are used for ice packs and the pillows for support. And each month we hear back from grateful recipients thanking us.

If anyone is interested in making some of these bags and pillows, kits are available from Myra Shearer at the hall on Thursdays.



The type of batting used to make antique quilts has helped historians to establish the age of a quilt. Early quilts were usually made with hand made small batts from carded cotton or wool. The batts were placed on the backing fabric and then the top was very carefully placed on top. These three layers needed to be closely hand quilted together.

REFRESHMENTS

Many thanks from the refreshment committee for all of your delicious contributions over the year.

Each month has been allocated letters of the alphabet. If your last name begins with one of the letters for that month, that is the month that you are responsible for bringing a snack to the business meeting on the first Thursday of the month.

Having said that, if you just feel like baking or bringing something to any business meeting, regardless of if it is your turn or not, you are more than welcome to do so!

September	A & B
October	C & G
November	D & E & F
December	H & I & J
January	K & L
February	M & N & O
March	P & R
April	S & T
May	U & W
June	V & Y & Z



Birthdays in November

3rd	Lois Warner
5th	Gail King
13th	Joy Nagle
15th	Christa Constabel
18th	Carol Metner
19th	Adrienne Elfstrom
25th	Colleen Barker
29th	Joan Gurney
30th	Wanda Bell

Member Advertisements

November 17
 11:00 am - 2:00 pm
 Quilters' Yard Sale
 Halbe Hall, Black Creek
 Hosted by Elizabeth Phillips & Sharon Pederson

A note from Kerrie Phelps: They had amazing deals at their last sale. Lots of awesome fabrics, books, patterns, thread etc.

Members of the guild may submit a classified ad related to sewing & quilting items up to 3 times per year. Ads will be published as space permits.

Include: **up to 30 word description**, price, and contact info. One picture may also be included.

Send your ad to: editor@schoolhousequilters.com

Quilts from Canada



As a child, I had heard that my grandmother and her friends made quilts “for the war effort”. I was told how the quilt frame was set up on the kitchen chairs most evenings. I never gave a thought to where the quilts went until I recently read an article in a copy of an English magazine about a 2013 quilt show of quilts made by Canadian women during the Second World War.

The Red Cross gathered the quilts from across the country and shipped them to England. Of course, the talented Canadian quilters made quilts of many different designs and colours and used all sorts fabrics. Designs included fruit, flowers, geometric shapes, nursery rhymes and traditional patterns like the log cabin.

The quilts were distributed to people who were homeless and distressed. Some were evacuated and billeted to safe places. Many had gone to air raid shelters, and when they came out, found their homes completely destroyed. Some families regularly took their quilt with them to the shelter for comfort and warmth. Many of the quilts became family keepsakes.

A show of these quilts was held at Maidstone Museum. It was a great success with many people having family stories to tell about their quilt.

Submitted by Lynda Reid

More reading and pictures on the quilts sent during the war:

<http://www.coveringquiltshistory.com/ww-ii-benevolent-quiltmaking.php>

<http://halifaxwomenshistory.ca/canadian-comfort-quilts>

<https://www.quiltmuseum.org.uk/uploads/attachment/129/quilting-and-patchwork-in-world-war-two.pdf>



Sharon Hansen presented placemats for the Meals on Wheels program at our October meeting. It was interesting to hear a little about the program.





COMMUNITY QUILTS NEWS

A great big thank you to all the 'Quilt Angels' who made this picture possible.

A request was made at the September meeting for 20 Senior Quilts because the Views at St. Joseph's had opened a new 20 bed wing.

You are a wonderful group to have accomplished this in less than 6 weeks.... give yourselves a pat on the back.

Thank you,
Verna Power

2018-2019 President's Challenge

Go Small!

For this year's President's Challenge, please make a miniature quilt:

- some appliqué is ok, but you must use traditional blocks that are no larger than 3" finished.
- the quilt perimeter should be no larger than 72".
- the quilt must be finished with binding, facings, or be enveloped in pillow case style.

If you want to include your miniature in the CQA 2019 Challenge, you must also:

- ensure there is a hanging sleeve at least 3" wide for display purposes.
- use Pantone, colour #18, Ultraviolet (the 2018 Colour of the Year) or the equivalent Kona colour, Bright Periwinkle, along with up to two additional colours on the face of your quilt.
- have a label with the quilt name and quilter's name on it.

Deadline for completed quilts: April, 2019 business meeting.

We'll vote on the CQA entries at the April meeting, and the winning quilt will be sent to CQA 2019 for display---and if our quilter wins the Viewer's Choice contest at CQA, she will receive a \$100 cash prize. CQA plans to take all the submitted quilts across Canada in a travelling show, so it'll be pretty cool to have one of ours included.

A note from the editor: I found the line 'up to two additional colours' a bit restricting so I checked with Quilt Canada to get clarification on what that meant exactly. This is the reply I got:

"Any of the below. You can use any other two fabrics you want - can be patterned or not, any colour. Also, you can embellish the piece however you would like."



Miss Fussy Cut will be most happy to answer any of your sewing and quilting questions. You'll find her mail jar on one of the shelves in our back room.

Dear Miss Fussy Cut,

Whenever I read your name I think of my mother. There was nobody who was fussier about cutting than Mom! Holy smokes! As kids, whenever we needed to cut out a paper heart for an emergency valentine, or wanted to glue another 36 paper snowflakes to our bedroom windows, she'd bark, "Not the sewing scissors!" It wasn't until I took sewing in high school that I was even allowed to touch her precious shears, and it was only after she'd carefully inspected the placement of every last pin in the fabric. "Don't hit the pins, Dear," she'd say, "If you nick the scissors, they'll be no good."

So, imagine my surprise when I dropped by her place yesterday to get some help with cutting out a pair of pull-on pants. She passed me a pair of scissors and said, "Here, try these. I just got them at the show in Puyallup. They were very expensive." Then she left me to get on with it.

Well, I don't know what she has done with these things, but I think she must have hit a thousand pins with them already. It felt like they were serrated!

Should I be worried Miss Fussy Cut? It seems that in just six months Mom has gone from,

Careful to Careless!

Dear Careful to Careless,

Well, you know what they say "measure twice cut once". It is always great to do it right the first time! "Waste not want not."

Now as for your mother's new scissors, when is the last time you cut something without your trusty rotary cutter? Have you had a good look at her 'new expensive scissors'? Maybe you might now owe her an apology because there are new serrated scissors on the market and they are marvellous!

So before you say anything to your mother you better check them out yourself and don't assume! And thank her for sharing the "latest and greatest" out there in the marketplace.

Now, if I am wrong and these are regular scissors, perhaps it is time to spend more time with her when she turns on her sewing machine!

*Happy Cutting,
Miss Fussy Cut*

Dear Miss Fussy Cut,

The other day on my way to Thrifty's, the big freight truck ahead of me had to "go wide" to get around a tight corner. It got me thinking. I can see that the truck should go wide at the corners, but do the borders on my quilt have to?

I cut my border strips and just sew them on the sides. Then I cut some top border strips and sew them across the top. When I look at my quilt when that's done, it's not so square anymore and has a 'ripple' from the borders. Please help!

Puzzled,
Out of Control

Dear Puzzled & Out of Control,

Well yes, if you want your quilt to have all the curves to follow your hips, just keep on doing as your do.

But in order to have a nice slim and straight, flat-lying quilt you will need to pre-measure your quilt in 3 places horizontally and then take the average and cut your border strips. Then when you sew them on you will have to pin top, bottom & centre and ease it together as you sew. Now do the same for the vertical ones. Place your 3 pins and ease or give a little stretch if needed to fit as you sew.

Your quilt should now lay nice and flat when quilted. Always try to keep your quilt evenly quilted throughout.

If you cut your fabrics on the length of grain instead of widthwise (selvage to selvage) you will have exact borders because the fabric will not have any give or stretch.

*Stay between the ditches,
Miss Fussy Cut*

If you would prefer to never have your picture or name in the newsletter, just let me know.

editor@schoolhousequilters.com

BOOK REVIEW by Lois Warner

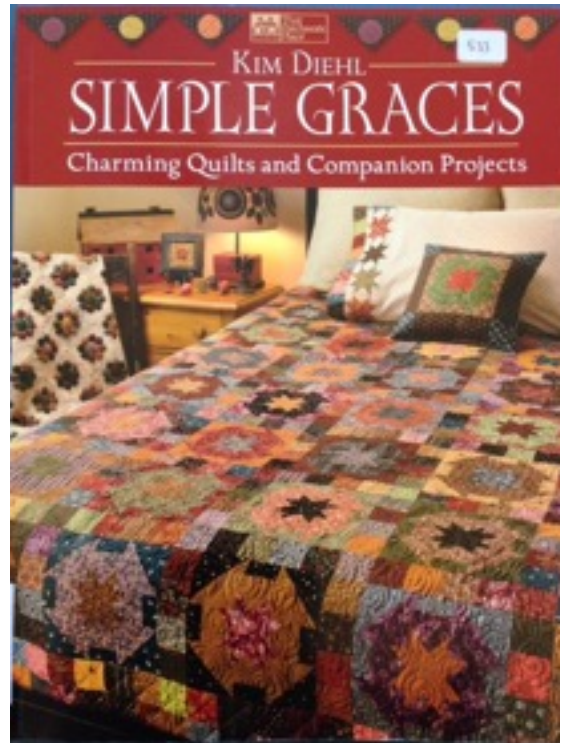
SIMPLE GRACES Charming Quilts and Companion Projects

Kim Diehl

That Patchwork Place 2010

Guild Library #533

The title of this book, "Simple Graces", conveys the idea of 'charm and beauty' and the projects do not disappoint. The author's idea of using a quilt pattern in various ways gives very interesting results. A wall quilt, 'Bittersweet Briar', is first shown with a light background and applique all in cotton, next comes a richly coloured wool applique on a black cotton background and, finally, a mini 'Bittersweet Briar, only 3 1/4" x 3 1/4"', entirely made of french knots, then framed. What an interesting use of one pattern!



Projects are varied, ranging from full size quilts to mug mats, lap quilts and embellished kitchen towels. All convey a feeling of peace and comfort. With each quilted project are more projects using the pattern in various ways. Kim's idea is that you look at quilting patterns in a different way. The pattern is a jumping off point for so many other projects.

"Simple Graces" begins with the basics of making quilts, but includes other techniques learned through the author's experience in quilting. Most impressive are the light yellow areas referred to as 'Pin Point'. An example on page 23 gives a clever idea for always keeping scissors handy. General instructions are thoroughly discussed, along with excellent diagrams. As the projects use applique, the three methods: invisible by machine, applique by hand and fusible, are well covered. Ease and speed are emphasized but, by following the directions, first rate results are almost assured.

From 'Yesterday Remembered' which is steeped in age and charm using contemporary methods, to today's circular mug mats (none of those in the 50's) this book is well worth a look. Different uses for a quilt pattern has resulted in widely different projects and these may give you yet another idea of your own. Here is an opportunity to come up with some fresh, innovative ideas with your own stamp on the results.



WORKSHOP NEWS

Carola Russell's workshops on November 2nd and 3rd are both full now. **She will have her 'pop-up' shop open for all following the Free Motion Quilting workshop on Friday, November 2nd. from 4-6 p.m. Please... no early birds.**

Coming up in the Fall

2 Classes with Carola Russell:

Free Motion Quilting Clinic - Friday, November 2nd - 9 a.m. - 4 p.m.

Embellish This! - Saturday, November 3rd - 10 a.m. - 4 p.m.

Coming up in the Spring 2019

Four Corners Apron - Saturday, February 23rd, 10 am - 3 pm - Kathy Meunier and Margaret Ryan - \$37 includes pattern.

This Four Corners Apron is attractive and quick to make and has scope for lots of fun with fabrics, coordinated colours and details. A supply list will be available shortly.

Technique and Mystery Project - Saturday, March 23rd, 10 am. - 4 pm - Janis Davis - \$32

Janis will teach a technique in the class and use it in the Mystery Project. There is no pattern for this class.

Roll Top - Bag Saturday, April 6th, 10 am - 4 pm - Joan Johnson - \$32

Joan will do a workshop for her popular and practical roll top bag. Supply list to follow.



You can register for classes most Thursdays between 1 & 2 pm and meeting nights 5.30 - 6.30. If a class is full, we'll be happy to add you to the waiting list.

Information on classes and supply lists are on the guild website under Workshops: workshops@schoolhousequilters.com



Please check your calendars before you register for any class to ensure that the date of the workshop is good for you. The workshop cancellation policy is under the Workshop tab on the guild website.

We're always open to answering questions and hearing your suggestions for workshops you would like to have.

Mary Jean, Clare Ireson and Daniele White

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Ode of Remembrance

They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning,
We will remember them.

— *Laurence Binyon*



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The term "crazy quilting" is often used to refer to the textile art of crazy patchwork and is sometimes used interchangeably with that term. Crazy quilting does not actually refer to a specific kind of quilting (the needlework which binds two or more layers of fabric together), but a specific kind of patchwork lacking repeating motifs and with the seams and patches heavily embellished. A crazy quilt rarely has the internal layer of batting

SUBMISSIONS TO THE NEWSLETTER

If you are submitting something regularly to the newsletter, please send a new file by the due date of the 15th of each month of exactly what you would like to have in your section. There are a couple of reasons for this request:

- It's very time consuming to search through old files and working to a deadline does not allow for this. Most of the last minute changes that have had to be made before the newsletter is published is the result of outdated or inaccurate information being repeated. And sometimes these issues are missed. It's easy to overlook these issues when you are not part of the committee.
- Committee heads are the best people to help ensure that the newsletter information is accurate, complete and up-to-date.
- Many members have stated that they stop reading articles that are repeated month after month.
- *The editor will no longer be going back into old files to pick up old information. It just doesn't work well to do that.*

Newsletter Timeline – Submissions are due the 15th of the month prior to publication.

Please send articles to: editor@schoolhousequilters.com

Newsletter Advertising

Please contact Sandy MacDonell for rates: nlads@schoolhousequilters.com

Submit advertising by the 15th of the month for the following month:

editor@schoolhousequilters.com

Please email me your short articles and descriptions of far away quilt shops you've visited, quilt shows you've attended, tips you have to share and other sewing and quilt issues.

I may not be able to use everything when submitted, but it's nice to have a file on hand to fill a little space in a future newsletter. Pictures are **always** welcome – remember a picture paints a thousand words.

Starting in November 2018 newsletters will be emailed only. Please keep your email address up-to-date with the guild membership committee or let the editor of the newsletter know if yours has changed.

There is also a copy of each newsletter in the binder in the guild library for those who wish to read a hard copy.

Deep Dish Apple Cake - A recipe for fall

This cake keeps moist and also freezes well – especially if you double the recipe and either use two pans or a 9 x 13 pan. Then you can eat some and freeze the rest.

You will need an 8 or 9 inch square cake pan, one with sides.

2 eggs

1 cup granulated sugar

1 tsp vanilla

3/4 cup vegetable oil

3 tbs orange juice (I use frozen concentrate, as is, dug right out of the frozen can)

1 cup all purpose flour (or 1/2 cup wholewheat and 1/2 cup all purpose flour)

1 tsp baking powder

pinch salt

6 +/- medium apples, peeled and cored and cut up fairly small.

1/4 cup granulated sugar

1/2 tsp ground cinnamon

Heat oven to 350 F and grease baking dish.

In the bottom of the prepared cake pan, put the chopped apples mixed with the cinnamon and 1/4 cup sugar.

In a bowl beat the eggs, 1 cup sugar and vanilla until light and fluffy. Use a whisk, or electric mixer.

In another bowl, combine oil and orange juice.

Mix oil and orange juice into egg mixture alternating with the combined flour, baking powder and salt. Beat until smooth.

Spoon this batter over the apples, and bake for 1 hour, or until golden brown and toothpick comes out clean.

This is good as is, or with whipped cream or ice cream.

Submitted by Carreen Webber

CAMP HOMEWOOD RETREAT

Our next Camp Homewood retreat is scheduled for February 13th – 17th, 2019.

This will be a **four** day retreat which provides us with lots of valued time for sewing and socializing. **Please note this retreat will run from 11am Wednesday to 11am Sunday.** Sign up will start at the **December** business meeting. If you do not feel you can attend for a full four days please do not let that deter you from registering as it is a possibility for some of you to attend for three days only.

Depending on sign-up numbers we will also have the option of opening up the guesthouse for more private rooms. For further details concerning the guesthouse please speak to one of the retreat coordinators listed below. The cost per individual for the **four** days will range from \$265. to \$349., depending on the room you choose. The starting range of \$265. includes the three non-updated



private rooms in the guesthouse, as well as bunk style dorm rooms in the main lodge which sleep up to 7. However, on average there are usually anywhere from 2 to 5 in these rooms. Individuals in these rooms have shared bathroom/shower facilities. There is a separate handicapped washroom available to any that may require ease of access. There are also newer rooms available

which sleep up to 3 and have their own washroom, including shower/tub. These rooms are either \$293. with 3 sharing the room or \$307. with only 2 sharing.

All prices include 3 meals a day along with snacks in the evening consisting of cookies/squares, fruit, coffee, tea, and hot chocolate. The meals at Camp Homewood are excellent . . . and you will never walk away hungry!



If you have never been to a retreat at Camp Homewood we urge you to give it a try. It is a lot of fun and a great way to get to know your fellow quilters. Over the past couple of years we have seen a number of quilters who have attended retreat for the first time, and we continue to see more of them becoming regulars. If you wish to sign-up or for further information please contact one of the retreat coordinators listed below. Our contact details can be located on the guild website under “retreats” or by viewing the membership list.

We look forward to seeing some new members as well as all of our regulars at one of the upcoming retreats.

Beverly Luck
Terry Vadeboncoeur
Janis Davis





Make a poppy quilt during November....

Free pattern available here:

<https://www.patchworksquare.com/mf/poppy-quilt-block.pdf>



Hand Quilting Tip

Thread several needles at the same time and leave them hanging on the spool. When you need a new length of thread, pick up the next needle and pull out the thread through all the rest.



Show and Tell October 2019







2018-2019 Committees	
Community Quilts	Coordinator – Nerissa Thomas
Lilli House	Barb Bocking
Breast Cancer	Myra Shearer
Placemats	Susan Richert, Lois Jones, Sharon Hansen
St. Joe's Babies	Joy Whitehouse
Seniors & Fire Quilts	Nerissa Thomas & Verna Power
Vanier Teddies & Toddlers	Gladi Lyall & Carreen Webber
Pregnancy Care Centre & Quilts of Valour	Nerissa Thomas
Hall Open & Close	Carol Metner, Judy Morrison & their teams
HAW 2018	Mary Lou Morden
In-House Draw	Brenda Levirs
Library	Sandra Castiglia
Membership	Carreen Webber & Carol Metner
Newsletter Advertising	Sandy MacDonell
Newsletter Editor	Eva Hansen
Photography	Barb Messer
Programs	Tina Manders, Lynda Reid, Janis Davis
Refreshments	Bonnie Linneker & her team
Retreats	Terry Vadeboncoeur, Beverly Luck & Janis Davis
Sunshine	Trudy Thorne
Venue – Charles Dickens	Anne McCullough & Jan Hill
Website	Sam Crewe
Workshops	Mary Jean McEwen, Clare Ireson & Daniele White
Word Puzzle	Bev Michaluk

General Meeting Reminders

We meet the first Thursday of each month from September until June at 6:30 pm at the OAP Hall in Cumberland.

- Bring your coffee mug
- Turn off your cell phones before the meeting
- Remember that we are a scent free meeting
- Keep aisle ways clear of tables & chairs so others don't trip

Do you have something you would like to raise at an upcoming meeting?

Please let Myra, our secretary, know by email no later than the day before the meeting so she can put you on the agenda. This includes items under Members' Announcements. We like to run our meetings as efficiently as possible.

secretary@schoolhousequilters.com

Guild Sewing Days

Members are encouraged to attend sewing days each Thursday from 9 am until 9 pm at the OAP Hall in

Need to contact a guild member, committee or executive member?

Members can access information about other members using the user id and password given when membership fees are paid. It's available in the members only section on the guild website.

If your committee does not have a guild email address, or if you are organizing a special event for the guild, please request one from our webmaster at webmaster@schoolhousequilters.com

Personal Information Changes

Please notify the membership committee of any changes to your email, phone number or address so you will continue to receive email regarding guild events and your newsletter.

Charles Dickens Faire

We have officially been accepted into the *Charles Dickens Christmas Craft Faire* coming up November 9-11, 2018. We have been very pleased with the level of participation in the past and are looking forward to another successful show.

In order to fully comply with the requirements of the Faire organizers, there will be a few changes in how we organize ourselves.

We are asking you to think about your involvement and make a commitment by the **October** meeting (sooner if possible).

All pieces must go through the 'jury' procedure to ensure quality of workmanship as well as appropriateness of the item to be sold. Jan and/or Anne will be available throughout the summer and fall to answer any questions you have.

BC Quilt Events Coming up!

Carola's Pop Up Shop
November 2, 4 - 6 pm
OAP Hall, Cumberland, BC
No early-birds please!

Current Threads, Vancouver Island Surface Design Association, Oct. 29-Nov. 17, 2018
Old Schoolhouse, Qualicum Beach, BC
www.theoldschoolhouse.org

If you know about any quilt events coming up, please send them to:
editor@schoolhousequilters.com
so they can be included in this listing.

SUNSHINE

If you know of someone who might need a bit of cheer, please let Trudy know:



sunshine@schoolhousequilters.com

and a card will be winging its way as soon as possible.

Thank you!

- to all who contributed to this newsletter
- to all who take the time to read all or part of the newsletter
- to our photographers for the fabulous pics
- to those who have given me suggestions that I've been able to use to improve the newsletter
- Ardythe & Nerissa, newsletter proofreaders

Ultimately, this is YOUR newsletter. It's for all members of the guild to enjoy and contribute to. The more you send me for consideration, the more interesting the newsletter will be.



Christmas Decorations Essentials Beverly Michaluk

Bring to December's Meeting

s	s	t	i	n	s	e	l	d	n	a	c	l	e	e
a	i	i	t	o	a	e	l	t	e	t	a	e	e	r
i	p	s	t	i	r	p	n	s	k	w	l	r	e	p
n	u	g	i	e	t	n	s	o	n	o	t	s	i	n
r	l	n	n	h	n	w	a	f	c	s	w	o	b	e
i	l	i	g	h	t	s	i	m	a	e	d	s	s	n
r	e	k	n	t	n	g	t	m	e	e	n	k	i	i
e	o	c	n	e	u	d	t	n	t	n	a	i	e	r
n	s	o	r	r	n	s	e	r	e	i	t	t	p	o
i	t	t	e	a	i	s	s	i	n	s	s	s	a	g
l	m	s	l	r	t	t	n	n	e	p	e	p	i	a
e	a	r	h	k	t	r	i	k	s	e	e	r	t	s
n	a	c	d	n	r	d	o	l	l	e	r	n	p	t
g	i	t	a	p	d	i	p	l	a	t	t	e	r	s
m	n	t	e	n	s	i	t	t	o	l	l	r	i	r

Bows
Candles
Christmas Tree
Garland
Lawn Figures

Lights
Linens
Ornaments
Pinecones
Platters

Poinsettias
Presents
Stockings
Tinsel
Tree Skirt

Tree Stand